



## WHAT'S INSIDE

- 1 President's Message
- 2 CAS Annual Meeting
- 4 Member News
- 5 Research Award Winners
- 6 CAS New Website
- 7 Committees And Sections
- 8 CAS Membership Survey
- 9 Choosing Wisely Canada
- 10 Newly Certified Anesthesiologists
- 11 How Can CAS Help Physicians Provide Anesthesia Care In Rural And Remote Canada?
- 12 In Memoriam: Dr. Peggy Ross

# ANESTHESIA NEWS

## PRESIDENT'S MESSAGE



### PRESIDENT'S MESSAGE

It's hard to believe, but June is finally here which means the CAS Annual Meeting is just around the corner.

The meeting kicks off Friday with pre-meeting workshops. On Saturday morning, Problem-based Learning Discussion sessions start at 07:00 with a truly wide range of topics and something for everyone! The opening plenary session will be presented by Professor Kate Leslie on the depth of anesthesia and long-term outcomes, a topic of much interest amongst anesthesiologists over the last several

years. This will be followed by a diverse range of speakers and topics to meet all interests. The meeting will close with our 2019 Dr Angela Enright Lecture being given by a past CAS president, Dr Patricia Houston, entitled: *"We All Belong —Advancing Diversity, Equity, and Inclusion in Anesthesiology"*.

My first year as president of CAS has been a busy one as I have had the opportunity to travel across this great country and visit many colleagues in different provinces. For me, this is truly the best part of the job! However, the year has also been a busy one with management of controlled substances in the operating room being by far the most common topic. Physician resource issues across the country (too few anesthesiologists) have become a common theme. Physician wellness has also been a topic much asked about and many will have read the recent article and perhaps heard the podcast from the *Canadian Medical Association Journal* on the topic. It is well worth a listen: <https://soundcloud.com/cmajpodcasts/181687-five>.

In addition, change is coming from within CAS. We have developed a new website, and plan to introduce it at our CAS Annual Meeting. This should give improved access to and more timely information for our members. This has been a long time in development, and we hope it will also serve to improve communication between CAS and its members, as well as its sections and committees. We have also undertaken a strategic review of the mission and goals for CAS over the next five years. Many of you have received an email seeking your feedback and comments. I strongly encourage you to answer the questions and have your say in the future direction of our society.

For those of you unable to attend the CAS Annual Meeting this year, I wish you a safe and pleasant summer. For those coming to Calgary, I look forward to welcoming you to the 2019 CAS Annual Meeting. Safe travels.

**Dr Daniel Bainbridge**  
**PRESIDENT**

VOLUME 34

NUMBER 2

**JUNE**  
**2019**

[www.cas.ca](http://www.cas.ca)

**Innovative leadership and excellence** in anesthesia, perioperative care, and patient **safety**

# CAS ANNUAL MEETING

## JUNE 21 – 24, 2019 | CALGARY, ALBERTA

### CALGARY AWAITS YOU!

The 2019 Annual Meeting is just a few days away and we can't wait to kick off the weekend with CAS members and delegates from across the globe.

For 75 years, CAS has proudly represented and advocated on behalf of Canadian anesthesia, ensuring that anesthesiologists are heard and respected within the provincial and national healthcare systems. In 2018, we celebrated this history and our commitment to innovative leadership and excellence in anesthesiology, perioperative care, and patient safety. In 2019, we enter the next 75 years with an educational program packed with cutting-edge research and topics most important to anesthesiologists practising today.

To start the meeting, join us at the Welcome Reception on Friday, June 21. Relax and catch up with old and new friends over drinks and hors d'oeuvres while you prepare for three days of excellent educational sessions and presentations. The entire Annual Meeting is developed to adhere to Continuing Professional Development (CPD) standards, so be sure to claim your Section 1 and Section 3 credits. The full meeting is accredited as a Group Learning Activity, offering 16 hours of Section 1 credit opportunities and a daily average of four hours of Section 3 credits at the following sessions:

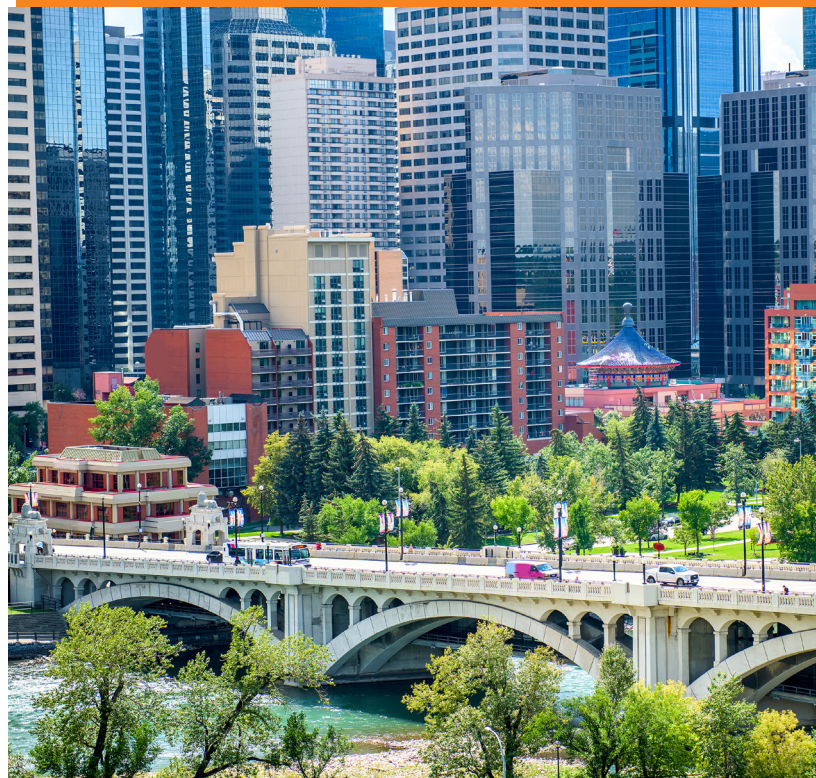
- 4 pre-conference workshops
- 8 workshops
- 13 problem-based learning discussions

There is still time to sign up for one of the pre-conference workshops available on Friday, June 21 from 08:00–17:00, or one of the eight skills-based workshops available on Saturday and Sunday. Check the preliminary program for more details. After a special opening ceremony at 08:15 Saturday morning, Professor Kate Leslie will lead the educational programming with the opening plenary address, Depth of Anesthesia and Long-Term Outcomes, focusing on the need for increased resources for monitoring and treating complications post-operatively. Wrap up the Annual Meeting with the CAS Awards Ceremony and Dr Angela Enright Lecture Luncheon on Monday, June 24 from 12:30–15:30. Dr Patricia Houston will deliver the Dr Angela Enright Lecture, We All Belong—Advancing Diversity, Equity, and Inclusion in Anesthesiology, which will provide an overview of the importance of and strategies to increase diversity and inclusion for medicine, anesthesiology, and society-at-large.

Don't miss out on the networking opportunities that are also available outside of the scientific program.

These include:

- This year, the President's Dinner has been revamped as an exciting western party! Dressing up in Calgary means dressing down and dusting off your jeans and cowboy boots. Join the party Saturday evening and enjoy entertainment by the Dirt Road Angels.
- The CAS Residents' Social is joining forces this year with the inaugural CARF Fundraiser—CARF @ CRAFT on Friday evening, following the Welcome Reception at the Exhibit Hall. Meet and greet fellow residents and colleagues—all proceeds from the



event will help support the 2020 CAS Research Awards Program, specifically the Career Scientist Award.

- The third annual Resident Simulation Olympics will take place on Saturday in the Exhibit Hall, 10:30–16:00. Individuals and teams will be judged by faculty members from across the country and will compete for over \$5,000 in cash prizes.
- New this year: take part in the inaugural Resident Mentorship Program. Interested residents and staff anesthesiologists will be matched one week prior to the Annual Meeting. If you would like to join, email [anesthesia@cas.ca](mailto:anesthesia@cas.ca) for more details.
- The Fun Run for CARF is a great way to stay in shape while supporting anesthesia research. It kicks off on Sunday morning at 06:00.
- The CASIEF Family Fun Dinner on Sunday evening will take place at a unique and interactive location—the Calgary Zoo! Bring the whole family and enjoy a delicious meal while learning more about the wild animals around you.

Improving patient care and public health outcomes is a common interest shared by the medical profession and for-profit and not-for profit organizations. After learning about the newest scientific advances in the specialty, be sure to engage with our exhibitor organizations on the newest advances in industry.

*continued on page 3*





continued from page 2

The 2019 CAS Annual Meeting is pleased to provide a forum for our delegates and our sponsors and exhibitors to connect. The Exhibit Hall offers you an opportunity to engage with industry and offer your unique point of view in an informal and collegial setting. Our exhibitors want to learn from you and your experiences. Find out what industry developments are coming up that may benefit you and your practice, hospital, or department. For a full list of the 2019 exhibitors please visit: <http://www.casconference.ca/en/list-of-exhibitors/>

Along with Calgary's famous hospitality, visitors enjoy uncompromised convenience and a meeting destination they will not forget.

As the 4th largest city in Canada, Calgary has a lot to offer visitors from across the country and around the world. In the downtown alone, you can discover over 1,000 shops, 50 entertainment spots, and 200 restaurants (Calgary is world-renowned for innovative, creative and unique cuisine). There will be something to tantalize every palate offering local ingredients, Alberta beef, fine dining, pub eateries, bistros, and food trucks.

Within the city, there are also 8,000 hectares of open space and parkland to explore. Additionally, Calgary boasts over 18 tourist attractions including the Calgary Zoo, Canada's Sports Hall of Fame, Studio Bell: Home of the National Music Centre, TELUS Spark, Heritage Park Historical Village, the Olympic WinSport facility, and the Calgary Tower. If it is an outdoor adventure you crave, take a drive outside the city limits to the Canadian Rockies or to other UNESCO World Heritage sites such as Waterton Glacier International Peace Park, Head-Smashed-In Buffalo Jump, and Dinosaur Provincial Park.

**WE LOOK FORWARD TO SEEING YOU IN CALGARY!**

## CAS BOARD OF DIRECTORS

### EXECUTIVE COMMITTEE

#### President

Dr Daniel Bainbridge, London, ON

#### Vice-President

Dr Dolores McKeen, Halifax, NS

#### Secretary

Dr David McKnight, Toronto, ON

#### Treasurer

Dr James Kim, North Vancouver, BC

#### Past President

Dr Douglas DuVal, Edmonton, AB

### DIVISIONAL REPRESENTATIVES

#### British Columbia

Dr Michelle Scheepers, Vancouver, BC

#### Alberta

Dr Michael Cassidy, Calgary, AB

#### Saskatchewan

Dr Mateen Raazi, Interim Representative  
Saskatoon, SK

#### Manitoba

Dr Jennifer Plester, Winnipeg, MB

#### Ontario

Dr Monica Olsen, Mississauga, ON

#### Quebec

Dr Giuseppe Fuda, St-Laurent, QC

#### New Brunswick

Dr John Murdoch, Fredericton, NB

#### Nova Scotia

Dr George Kanellakos, Halifax, NS

#### Prince Edward Island

Dr Jean-Yves Dubois, Charlottetown, PEI

#### Newfoundland & Labrador

Dr Angela Ridi, St. John's, NL

#### ACUDA President

Dr Roanne Preston, Vancouver, BC

#### Resident Representative

Dr Rohan Kothari, Toronto, ON

#### Executive Director

Ms Debra Thomson

### BOARD GUESTS

#### CARF Chair

Dr Doreen Yee, Toronto, ON

#### CASIEF Chair

Dr Dylan Bould, Ottawa, ON

#### CJA Editor-in-Chief

Dr Hilary Grocott, Winnipeg, MB

#### RCPSC Representative

Dr Hélène Pellerin, Québec, QC

You may contact Board members through the CAS central office.



Canadian Anesthesiologists' Society

[www.cas.ca](http://www.cas.ca)



Dr Jason McVicar



Dr Daniel McIsaac



Dr Jennifer Vergel de Dios



Dr Fiona Campbell

## AND THE AWARDS GO TO...

The Ottawa Hospital Academic Medical Organization (TOHAMO) hosted the 2018-2019 Innovation Awards in early March. **Dr Jason McVicar** and **Dr Daniel McIsaac** were awarded \$98,466 for their proposal "Inuit Perioperative Outcomes". Dr McVicar was also recently awarded the CAS Dr Earl Wynands Research Award for this proposal.

[https://gallery.mailchimp.com/e651a561702671c8dbc38e2a7/files/9d19b1e2-c74d-4133-8c33-59907a0bc730/2018\\_19\\_Innovation\\_Fund\\_Project\\_IFPOC\\_APPROVED.pdf](https://gallery.mailchimp.com/e651a561702671c8dbc38e2a7/files/9d19b1e2-c74d-4133-8c33-59907a0bc730/2018_19_Innovation_Fund_Project_IFPOC_APPROVED.pdf)

**Dr Jennifer Vergel de Dios**, one of the 2019 recipients of the CAS John Bradley Young Educator Award, was awarded the Schulich Faculty Development Award at the 2019 Western University Awards of Excellence. These awards honour the achievements of educators, innovators, and leaders.

[https://www.schulich.uwo.ca/communications/the\\_pulse/2019/march/awardssofexcellenceannouncement.html](https://www.schulich.uwo.ca/communications/the_pulse/2019/march/awardssofexcellenceannouncement.html)

**Dr Fiona Campbell** Named as Co-chair of Canadian Pain Task Force

On April 3, the Honourable Ginette Petitpas Taylor, Minister of Health, announced the establishment of the Canadian Pain Task Force. The eight-member Task Force includes advocates who have lived experience with chronic pain, as well as researchers and health providers who have experience preventing and managing pain. The Canadian Pain Task Force will be co-chaired by Dr Fiona Campbell, President of the Canadian Pain Society and Anesthesiologist at the Hospital for Sick Children in Toronto, and Ms Maria Hudspith, founding Executive Director of Pain BC.

<https://www.canada.ca/en/health-canada/news/2019/04/minister-ginette-petitpas-taylor-announces-the-establishment-of-the-canadian-pain-task-force.html>





# RESEARCH PROGRAM PROGRAMME DE RECHERCHE

**Congratulations to the 2019 Recipients!**  
**Félicitations aux récipiendaires 2019 !**



CAS Career Scientist Award in Anesthesia / Bourse de carrière en recherche de la SCA en anesthésie

**Dr Mandeep Singh**  
Toronto, ON



Canadian Anesthesiologists' Society Research Award / Bourse de recherche de la Société canadienne des anesthésiologistes

**Dr Karim Ladha**  
Toronto, ON



Dr Earl Wynands Research Award / Bourse de recherche Dr-Earl Wynands

**Dr Jason McVicar**  
Ottawa, ON



Dr R A Gordon Research Award / Bourse de recherche Dr-RA-Gordon

**Dr Davinia Withington**  
Montréal, QC



CAS Research Award *in memory of Adrienne Cheng* / Bourse de recherche de la SCA - à la mémoire d'Adrienne Cheng

**Dr Angela Jerath**  
Toronto, ON



Ontario's Anesthesiologists - CAS Residents' Research Grant / Bourse de recherche pour les résidents de la SCA - Anesthésiologistes de l'Ontario

**Dr Simon Feng**  
Ottawa, ON

**Thank you to our sponsors!**  
**Merci à nos commanditaires!**



Canadian Anesthesia Research Foundation  
La Fondation canadienne de recherche en anesthésie



Ontario's Anesthesiologists  
A SECTION OF THE ONTARIO MEDICAL ASSOCIATION



*Nominations for the 2020 Research Program will open in November 2019*  
*La période des mises en candidature pour le Programme de recherche 2020 commencera en novembre 2019*

## NEW CAS WEBSITE COMING SOON

We want the new website design to work best for our members, so with member input we have been organizing content and layout designs since our last update. After discussions and preparation on how the CAS website can better serve membership, we will be excited to share phase one at the Annual Meeting!



CAS is committed to member service excellence and the new web design will provide our members with **increased interactivity and streamlined access to benefits** including accredited education, *Canadian Journal of Anesthesia* subscription, career opportunities, and the latest industry news. As the voice of anesthesiology in Canada, our new website design will also provide a space for each of our sections and committees to **communicate news** and important information to their members through web postings and discussion forums. Easily find out about what each section and committee is up to and find updates and news on the work of our foundations, CARF and CASIEF, as well as ACUDA.

On the new website you will also find a **live newsfeed and social media interactivity** so that you can share the latest news with your colleagues and start your own conversations. Once the new website is launched, you can visit the site and use your regular log-in details to access your account information.

The new design will be launched in phases, with the first launch taking place during the Annual Meeting.

### PHASE 1: CORE WEBSITE

Phase 1 will provide users with a fully refreshed website experience—one that addresses many of the core issues experienced with the current website. Primary deliverables include installation and configuration of a flexible, powerful, and intuitive content management system and workflows for content creation, editing, and approvals.

### PHASE 2: ENHANCED FUNCTIONALITY

Phase 2 will build upon the technical foundation developed in phase 1 in order to deliver enhanced functional components and tools to make the site more collaborative and interactive for CAS members. This includes integration with the CAS membership management system and e-commerce for events, education products, job postings, etc.

---

## ANNUAL MEETING

### ONLINE WEBINAR OPTION

CAS is pleased to provide a webinar option for those unable to attend the meeting in person. Two live sessions are available:

- 3.25 hours on Saturday, June 22
- 3.0 hours on Sunday, June 23

You can claim Royal College credits in Section 1. Access information will be sent a week prior to the webinar. Note: sessions will be held in English only. (Registration will have opened May 24)

### SATURDAY, JUNE 22

08:15–09:15

Opening plenary: Depth of Anesthesia and Long-term Outcomes (1 hour)

09:30–10:15

*Canadian Journal of Anesthesia* Symposium: Deconstructing a Systematic Review and Meta-analysis: When Should We Believe the Results? (45 minutes)

10:45–12:15

Regional Anesthesia Symposium (1.5 hours)

Total: 3.25 hours for Section 1 Royal College credits

### SUNDAY, JUNE 23

08:00–9:30

Rapid Fire—Common Pediatric Issues for the Generalist (1.5 hours)

10:00–11:30

Symposium on The Obstetrical Patient with Cardiac Disease (Joint Cardiovascular Thoracic and Obstetrics Symposium) (1.5 hours)

Total: 3.0 hours for Section 1 Royal College credits



# COMMITTEES AND SECTIONS



CAS committees and sections work throughout the year on issues and topics of interest to their respective fields by holding meetings, creating reports, and coordinating sessions and events at the Annual Meeting. Their volunteered time and dedication contribute greatly to the CAS vision and mission and we are very thankful for their amazing work.

There are 14 CAS Sections you can join at any time:

- AMBULATORY
- ANESTHESIA ASSISTANTS\*
- PEDIATRIC ANESTHESIA
- CARDIOVASCULAR AND THORACIC
- CHRONIC PAIN
- CRITICAL CARE MEDICINE
- EDUCATION AND SIMULATION IN ANESTHESIA
- HOSPITAL CHIEFS OF ANESTHESIA\*– NEW
- NEUROANESTHESIA
- OBSTETRIC
- PERIOPERATIVE MEDICINE
- REGIONAL AND ACUTE PAIN
- RESIDENTS\*
- SECTION FOR ENVIRONMENTAL SUSTAINABILITY

Read more about the sections' Terms of References here—you can join one or more sections at any time by contacting [membership@cas.ca](mailto:membership@cas.ca).

There are 17 CAS committees and one working group. CAS committees are formed to focus on a specific area of importance to anesthesia (such as standards, ethics, or continuing education and professional development).

[For the full list of our 17 committees and their descriptions, please visit: https://www.cas.ca/English/CAS-Committees. If you are interested in getting involved with a CAS committee, please contact \[anesthesia@cas.ca\]\(mailto:anesthesia@cas.ca\).](https://www.cas.ca/English/CAS-Committees)

*\*Restricted to those in the category*



## WHAT'S ON MEMBERS' MINDS?

Recently, CAS conducted a comprehensive membership survey to help inform the strategic planning session to be held at the Board of Directors' meeting following the CAS Annual Meeting and to receive feedback on specific topics.

What our members tell us in this survey is critical to both our decision-making and how you benefit from membership in CAS. It's definitely a "win-win" situation.

CAS appreciates the efforts of respondents who took the time to complete the wide-ranging survey, which focused on a range of topics relating to membership benefits and services. The survey touched on various reasons for joining the CAS and renewing each year, what key challenges directly impact on members in their practices, and how CAS fulfills its mission in delivering research, education, and advocacy to and on behalf of members.

Please join us at the Annual Meeting. We are committed to engaging members in robust discussion about the topics that matter to members. Stay tuned!

### SOME INITIAL FINDINGS:

- Standards and patient safety initiatives are key
- Emphasize the importance of the clinical work we do
- Offer more web-based seminars
- Host Web specialty groups to enable sharing of processes
- Provide Canadian evidence-based guidelines
- Maintain the high quality of benefits provided without significant increase in costs
- Better, more coordinated, evidence-informed national advocacy
- Provide practical ways to improve care to [my] patients
- Common registry for data (outcomes, adverse events, research purposes)

### WHY JOIN CAS?

- Interest in supporting our specialty
- Professional responsibility/duty
- Access to the *Canadian Journal of Anesthesia*
- Desire to belong to national organization that represents anesthesiologists

### EXPECTATIONS OF MEMBERS:

- Advance the profession academically; research and lobby with government
- Access to the *Canadian Journal of Anesthesia* and Annual Meetings
- Education, leadership, research
- Professional development, advocacy, social/professional/cultural cohesion
- Mentorship
- Networking

### WHY RENEW?

- Loyalty
- CAS Annual Meeting
- Stay updated/informed
- CAS *Canadian Journal of Anesthesia*
- CAS advocacy
- Feeling connected



The CAS Choosing Wisely Committee is excited to update the Society on several initiatives and activities that have been happening during the last several months and invite you to join us at the national meeting where we will again be hosting a session to highlight important topics that anesthesiologists should be considering around reducing low-value care.

First, we are proud to be hosting our colleagues from Transfusion Medicine at this year's meeting in Calgary to discuss their efforts promoting blood conservation and stewardship of transfusion resources during our Choosing Wisely session. While international anesthesia societies have highlighted transfusion in their Choosing Wisely recommendations, CAS has not yet included blood conservation in our society's list, but this is an excellent opportunity to consider our perioperative practice. We will hear from Dr Yulia Lin who leads the Transfusion Medicine Choosing Wisely work, Denise Evanovich from the Ontario Regional Blood Coordinating Network and Dr Lori Olivieri, our colleague from the Calgary South Health Campus to discuss efforts in this area of care. We hope that you will join us for this interesting discussion.

Next, we are proud that CAS was highlighted as a leading society in promoting and implementing the Choosing Wisely recommendations at this year's national Choosing Wisely Canada meeting in Montreal. This meeting brings together clinicians, researchers, quality improvement specialists and policy makers from across the country to discuss projects and strategies to address low-value care in all clinical domains. Nationally, more than half of the provinces and territories have identified low-risk preoperative investigations as a critical strategic area to address going forward and the CAS recommendations form the heart of this work. Several CAS members have made highly impactful contributions in their provinces to this work and it is our hope to highlight some of these champions over the coming year.

Finally, if you have been doing work in this area at your hospital or region, let the Society know so we can help to spread your success to other regions of the country. If you have an interest in quality improvement or Choosing Wisely specifically, consider joining the CAS' Choosing Wisely Committee or attending the national Choosing Wisely meeting next year to learn from our colleagues and help advance the changes that you can make in your own institution.





# CAS CONGRATULATES AND RECOGNIZES ANESTHESIOLOGISTS CERTIFIED IN 2018!

Liban Ahmed  
Kelly Au  
Jonathan Bailey  
Ranjana Bairagi  
Candace Baranieski  
Gabrielle Barrieau  
Lesley Bautista  
Nicolas Beaudoin  
Hasan Behbehani  
Leora Bernstein  
Nihat Bhuiyan  
Kristen Biefer  
Mélissande Boudreault  
Susan Bragg  
Seeminder Brar  
Jean-Philippe Brisson  
Mélanie Brulotte  
Frédéric Chalifoux  
Stephen Chan  
François Chartier  
Navraj Chima  
Michael Chuang  
Jefferson Clivatti  
Matthew Conway  
Maria Couto Chuquer  
Brian Csupak  
Dalal Dahrouj  
Sophie Davie  
Elizabeth Décary  
Sean Donald  
Bernice Duan  
Marie-Chantal Dubois  
Kaitlin Duncan  
Kenneth Duncan

Justin Duthie  
Joel Elman  
Suzan Ergun  
Kyle Fisher  
Joshua Fortin  
Brent Francis  
Caitlin Gallagher  
Seyed Reza Ghaffari  
Cédric Godbout-Simard  
Jesse Goldmacher  
David Hadid  
Susan Halliday  
Peter Hedlin  
Christopher Hoban  
Sujay Ishwarlall  
Luke Jakobowski  
Sethu Jayakumar  
Ravi Jayas  
David Jessop  
James Jewer  
Vincent Joanis  
Kayode Johnson  
Wooheon Kim  
Patrick Kingsley  
Danae Krahn  
Catherine Lacny  
Stephanie Ladowski  
Thach Lam  
Sophia Lane  
Danielle Lapierre  
Aaron Lau  
Hwa Lee  
Danyela Lee  
Judith Lemay

Francois Lemay  
Yves Lemay Lachance  
Maxime Levesque  
Melinda Li  
Martine Lindsay  
Sivendiran Mahalingam  
Pawel Martinka  
Todd McDonald  
Sarah McDonald  
Danny Mireault  
Karim Mohamed  
Mahmoud Moustafa  
Justendra Naidu  
Mohamed Nassef  
Jeffrey Ng  
David Nguyen  
Curtis Nickel  
Christopher Nixon-Giles  
Jamie Oentoro  
Jan Padzik  
Frédéric Pelletier-Bernier  
Marcio Penner  
Eric Peters  
Matthew Primrose  
Ravi Pullala  
Kyle Rogan  
Kali Romano  
Evan Roter  
Maxim Roy  
Calen Sacevich  
Lance Salmikivi  
Daniel Sellers  
Laurie Sellings  
Harsha Shanthanna

Richa Sharma  
Andrew Shaw  
Asad Siddiqui  
Eric Siu  
Michael Sklar  
Parisa Soltani  
Jessica Spence  
Kenton Staines  
Julie Steele  
Zahid Sunderani  
Dipen Thakrar  
Maxime Tissot Therrien  
Erick Tourigny  
Emily Trenker  
Ryan Truant  
Andrew Tse  
Shauna Turnbull  
Kitt Turney  
Jessie Ursenbach  
Timothy van Haaften  
Vishal Varshney  
Jason Vaz  
Yannick Verlaan-Lauzon  
Leon Vorobeichik  
Ning Nan Wang  
David Watton  
Andrew Wei  
Kathryn Wheeler  
Freda Chung Yan Wong  
Haythem Yousif  
Mahmood Zaki  
Mike Zhu  
Hardy Zietsman

## EXCLUSIVE CAS OFFER – JUST FOR NEW GRADS!

CAS is your National Society, and your renowned colleagues understand the value of maintaining membership throughout their careers.

**Be a part of this established group – access your special offer today! (\*Hint to 2019 Grads)**

Register as a CAS Active member and get two years for the price of one!

Pay only 50% of regular fees per year. Please contact [membership@cas.ca](mailto:membership@cas.ca), or call 416-480-0602 ext 7118.

[www.cas.ca](http://www.cas.ca)



## HOW CAN CAS HELP PHYSICIANS PROVIDE ANESTHESIA CARE in RURAL and REMOTE CANADA?



Susan O'Leary



Brian Spain, Pavithra Ranganathan, Ruth Wilson, Susan O'Leary, and Sandy MacDonald

The Canadian Anesthesiologists' Society (CAS) sponsored an international, multi-disciplinary symposium at the 2018 International Anesthesia Research Society (IARS) scientific congress. The symposium addressed the topic of "anesthesia Services in Rural and Remote Regions of Affluent Countries". The symposium brought together world-leading experts on rural medicine, family physicians, family practice anesthesiologists, anesthesiologists, and thought leaders to discuss how we can provide high-quality physician-led anesthesia care in under-resourced communities. A report that summarizes the discussions was recently published in **Anesthesia & Analgesia** and is freely available online: Improving Access to Safe Anesthetic Care in Rural and Remote Communities in Affluent Countries.

Among the key messages of the report is that it is the responsibility of specialist anesthesiologists and academic health sciences centres to facilitate access to high-quality care in rural and remote communities through partnerships with other stakeholders. National professional medical organizations, such as the CAS, play a vital role in ensuring the quality of care and continuing professional development. Enhanced collaboration between all stakeholders is required to meet the challenge issued by the World Health Organization to ensure access to essential anesthesia and surgical services for all.

On behalf of the participants, we sincerely thank the CAS and the IARS for supporting the symposium.

Sincerely,  
Beverley Orser & Susan O'Leary

*Beverly Orser is the Chair of the Department of Anesthesia at the University of Toronto.*

*Susan O'Leary is Chief of Anesthesia at Hamilton Health Sciences and a Past-President of the CAS.*

# IN MEMORIAM: PEGGY ROSS

## 1934 - 2019



Peggy Ross, a much-respected obstetrical anesthesiologist and educator, died on 10<sup>th</sup> March 2019, following a prolonged illness subsequent to a major stroke.

In 1958, Peggy graduated in medicine at the University of British Columbia, one of only three women in her class. Following internship, she moved to the University of Toronto for further training. After a BScM degree studying liver perfusion, she entered the anesthesia training program, was certified in 1963, and joined the staff of the Toronto Western Hospital.

Peggy paused her medical career from 1966 to 1981 to raise a family of four children. She moved back to Vancouver in 1981 into a fellowship position at the Vancouver General Hospital. In 1982 she joined the anesthesia department at the recently opened new Grace Hospital, later BC Women's Hospital, a position she held for the next 18 years until her retirement.

A meticulous anesthesiologist she set high standards for herself and for her trainees. She participated with her colleagues at BC Women's in many studies and publications relating to obstetrical anesthesia. She was an invited speaker at local hospitals and national meetings, actively participating in the proceedings of both SOAP and the CAS.

Peggy's second great interest was gender equality and women's health. At UBC she

developed and taught courses on gender issues for both first and fourth year medicine classes. She later developed "Peggy's ABC Course" on the subjects of attitudes, boundaries, and communication, which she delivered to all first year medical and dental students. Perhaps as a result of her minority position in her own medical school class she became most interested in instructing others in how to avoid and deal with harassment and intimidation. In 1993, in part due to Peggy's efforts, UBC created a new position of Associate Dean of Medicine (Equity). Peggy was the obvious choice for this role and filled the position with enthusiasm until her retirement in 2000. She was an invited speaker or panelist on many occasions to discuss workplace harassment and gender issues.

Away from the hospital, Peggy devoted time to her family and nurturing her children, all of who went on to very successful but varied professional careers. She played bridge as a world class Life Master and was extremely accomplished in many handicrafts. She was a wonderful person.

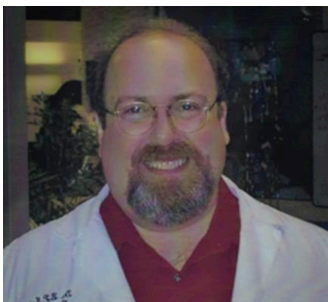
*Mary Lou Steward*

---

## SECOND END-OF-LIFE ROOM HONOURS THE MEMORY OF DR BRIAN EGIER

A second end-of-life room is now open at Hamilton General Hospital after a special fund was created in Dr Brian Egier's name to benefit ICU patients. A portion of the funds generated led to the creation of the second end-of-life room in the hospital, which is intended to feel less like a hospital room so that patients can have the best death possible. The room is decorated with calming features and includes a couch for family members. Dr Brian Egier was a beloved doctor in the intensive care unit at Hamilton General Hospital.

[Information provided by Hamilton Health Services.  
https://hhsshare.ca/news/dr-brian-egier-end-of-life/](https://hhsshare.ca/news/dr-brian-egier-end-of-life/)



Dr Brian Egier





# SYDNEY NATIONAL SCIENTIFIC CONGRESS

AN EYE TO THE FUTURE

AUSTRALIAN SOCIETY OF ANAESTHETISTS | 20-24 SEPTEMBER 2019

SAVE THE DATE 20-24 SEPTEMBER 2019



Professor  
Iain Moppett

ENGLAND



A/Prof. Glenn  
Woodworth

USA



Professor  
Colin Royse

AUSTRALIA



A/Professor  
Lisbeth Evered

AUSTRALIA



Professor  
Pam Macintyre

AUSTRALIA

REGISTRATION NOW OPEN


For all enquiries please contact: Denyse Robertson

E: [drobertson@asa.org.au](mailto:drobertson@asa.org.au) T: +61 2 8556 9717

THE ASA NSC  
FUTURE DATES



[www.asa2019.com.au](http://www.asa2019.com.au)



**When you give to CARF,  
we *all* benefit.**



**Dr. Daniel McIsaac**

**2017 Career Scientist  
Award Winner  
Ottawa, ON**

“The CAS Career Scientist award has enabled me to move from *maintaining* a research program to *growing* a research program.

It is my strongly held view that as professionals, we have a responsibility to support advancing our practice for the sake of our patients, society and future anesthesiologists.”

**Help invest in the future of our speciality  
by giving to CARF today.**

**[www.mycarf.ca](http://www.mycarf.ca)**





# THE SELF ASSESSMENT PROGRAM FROM THE CANADIAN JOURNAL OF ANESTHESIA—CPD ONLINE

**CPD MODULE:** Synopsis of the point-of-care ultrasound assessment for perioperative emergencies  
**April 2019**

## **ALSO AVAILABLE**

- Updated guide for the management of malignant hyperthermia  
**June 2018**
- Anesthetic implications of recreational drug use  
**December 2017**
- Massive hemorrhage and transfusion in the operating room  
**September 2017**
- Managing the Perioperative Patient on Direct Oral Anticoagulants  
**June 2017**
- The impaired anesthesiologist: What you should know about substance abuse  
**February 2017**

## **HOW TO ACCESS THE MODULES**

Instructions can be found on the Canadian Anesthesiologists' Society website at: [cas.ca/members/cpd-online](http://cas.ca/members/cpd-online)

Successful completion of each module of the self-assessment program will entitle readers to claim four hours of continuing professional development (CPD) under section 3 of CPD options, for a total of 12 maintenance of certification credits. Section 3 hours are not limited to a maximum number of credits per five-year period.

Publication of these modules is made possible through unrestricted education grants from the following industry partner:







Canadian Anesthesiologists' Society

**Anesthesia News is published by the  
Canadian Anesthesiologists' Society (CAS).**

CAS welcomes comments and suggestions from readers.

Materials published in Anesthesia News may be reprinted  
without permission if credit is given.

**Publisher:**

Canadian Anesthesiologists' Society  
1 Eglinton Avenue East, Suite 208  
Toronto, ON, Canada M4P 3A1

**Editor-in-Chief:**

Dr David McKnight

**Managing Editor:**

Andrea Szametz

**Email:** [anesthesia@cas.ca](mailto:anesthesia@cas.ca)

**Fax:** 416-480-0320

**Phone:** 416-480-0602

**WWW.CAS.CA**