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ANESTHESIA NEWS

PRESIDENT'S MESSAGE



When I assumed the role of President two years ago, I was honoured by the privilege to represent our members and to continue the work begun by others. I reflect on a number of important initiatives that we have embraced and what we have accomplished as a national society. I believe our priorities are well-defined and positioned as CAS moves forward.

The Executive Committee has been an important source of advice and support to me: Dr Patricia Houston (Past President), Dr Douglas DuVal (Vice President), Dr David McKnight (Secretary), Dr Sal Spadafora (Secretary), and Dr François Gobeil (Treasurer). The hard-working CAS team under our Executive Director, Ms Debra Thomson, should also be recognized. I am deeply grateful for everyone's dedication and commitment.

It certainly has been an eventful and busy two years for me, including a number of changes in my personal and professional life.

After accepting a new position as Chief of Anesthesia at Hamilton Health Sciences in 2016, I have since re-located to Ontario from my beautiful home province of Newfoundland, and started a new job in a city where I really didn't know anyone and they didn't really know me. I had to find a place to live and learned to navigate a city full of one-way streets ("thank you, Google Maps"). Of course, there are the endless lists of activities in setting up new accounts, notifying entities such as my regulatory college, and getting a new Ontario Health Insurance (OHIP) card and a new driver's licence. Last but not least, I still have to find a family doctor and dentist.

Through this busy time, my children (who are at university) continue to be a priority, as are my patients and new staff team. My friends, family, and colleagues have all been wonderfully supportive and finally I can turn attention to myself. Sound familiar?

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Many of us are juggling numerous balls in our lives and careers. We are daily concerned about the well-being of our patients and others around us, and I submit that we may not be taking care of ourselves as we should. Our own health and well-being is often a lower priority. To that end, I have long felt that open and candid discussion is needed around the myriad of tough challenges facing anesthesiologists today.

What better forum to do this than in a town hall discussion at the President's Symposium at the Annual Meeting? I'm thrilled to be leading this and what we have planned is an opportunity to hear presentations from experts who have experience in physician health and well-being and then to raise questions, and share ideas and resources. Most

importantly, we can begin to examine how the intersection of our personal and professional lives can be ably managed to ensure an optimum level of personal success and happiness.

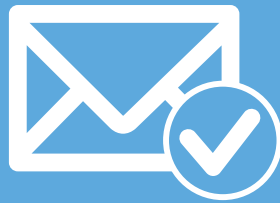
I look forward to welcoming members to our 2016 Annual Meeting in Vancouver. It's a wonderful opportunity to spend a few days renewing and broadening our professional skills, getting acquainted with fellow anesthesiologists, and celebrating our colleagues' successes.

Thank you for the opportunity to serve as your President for the past two years.

Dr Susan O'Leary, FRCPC
President

CANADIAN ANTI-SPAM LEGISLATION:





We need your permission



Remember to give us your consent when we ask your permission.

SOCIAL MEDIA AT YOUR FINGERTIPS

Stay current, informed and on track with the latest discussions.... Sign up and take advantage:

-  Dr O'Leary on Twitter at @Susanolearynl
-  CAS on Twitter at @CASupdate
-  Join the conversation with #CAS_SCA2016
-  CAS on Facebook:
facebook.com/CanadianAnesthesiologistsSociety

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You may contact Board members through the CAS central office.



Canadian Anesthesiologists' Society

www.cas.ca



VANCOUVER
CAS ANNUAL MEETING 2016

JUNE 24 – 27, 2016

IMPROVING PERIOPERATIVE OUTCOMES



2016 ANNUAL MEETING: VANCOUVER AWAITS YOU!

The countdown to the 2016 Annual Meeting in Vancouver is on—and if you haven't registered yet, we encourage you to do so as soon as possible.

The Annual Meeting and Local Arrangements Committee have been working hard to develop a stimulating scientific program as well as ample networking and social opportunities to engage with fellow delegates. There's plenty on the program and we look forward to seeing you in Vancouver.

To register for the Annual Meeting, go to:
www.casconference.ca/en/registration/

For information about the sights and attractions in Vancouver, visit Tourism Vancouver's official site at:
www.tourismvancouver.com

FRIENDLY REMINDERS FOR ANNUAL MEETING DELEGATES

Don't forget to download the **Annual Meeting Conference app** (available via iTunes and Google Play)—it will give you essential information such as the scientific sessions (searchable by track, time, date), abstracts, exhibitor information, satellite symposia information, notifications and alerts throughout the Annual Meeting... and more. Don't be without it!

For **up-to-date and pertinent information** while you are at the Annual Meeting, go to:
casconference.ca

Watch for the "Daily Slate", CAS' daily e-newsletter at the Annual Meeting. It arrives early each day and gives you the details you need for the day.

Also—don't forget to check CAS' Facebook page for daily photos.

As always, all feedback and comments from Annual Meeting delegates are highly valued by the Annual Meeting Committee. **Be sure to complete the evaluations** and you could be one of three lucky winners of an iPad!



CAS RECEIVES 2016 ROYAL COLLEGE ACCREDITED CPD PROVIDER INNOVATION AWARD

The Royal College of Physicians and Surgeons of Canada (RCPSC) has announced that the Canadian Anesthesiologists' Society (CAS) received one of three 2016 Royal College Accredited CPD Provider Innovation Awards for its submission "Improving Education Delivery and Optimizing Credit: the Framework for CBD for CPD".

The project began in 2014 as a joint venture between the CAS CEPD committee and the Annual Meeting Working Group with the objective to improve education product delivery at the Annual Meeting. Four programs were created to meet this end:

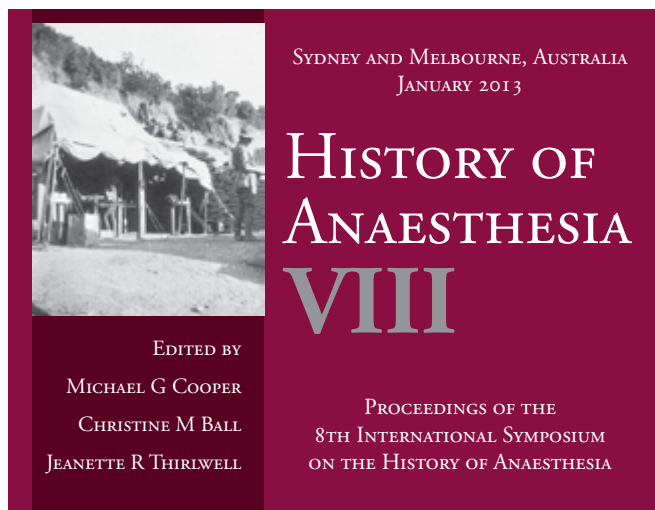
- One-to-one speaker coaching
- Peer observation and feedback for speakers and session moderators
- Moderator training programs
- Optimization of CPD credit

Congratulations to Dr Susan O'Leary, Dr Daniel Bainbridge, Dr Peter MacDougall, and Jane Tipping, MAD Ed for their accomplishment.

A formal awards presentation will take place during the 8th National CPD Accreditation Conference to be held in Toronto on October 17 – 18, 2016 at the Sheraton Toronto Airport Hotel. At this event, CAS will have an opportunity to share its innovation with peers and to participate in a formal awards presentation.



ROYAL COLLEGE
OF PHYSICIANS AND SURGEONS OF CANADA



The Proceedings of the 8th International Symposium on the History of Anaesthesia is now available.

A\$80
plus
postage

Covers history of anaesthesia, intensive care, pain medicine and resuscitation. Over 100 chapters and authors, 800 pages and illustrated.

To order please complete the form found on the Books page in the Publications section of www.asa.org.au.

For further information, email asa@asa.org.au.



2016 RECIPIENTS ANNOUNCED FOR RESEARCH, OPERATING GRANTS AND PROGRAMS



New Investigator Award

Canadian Anesthesiologists' Society Research Award (\$30,000)

Dr Sinziana Avramescu, Assistant Professor

Sunnybrook Health Sciences Centre, University of Toronto, Toronto, ON

Targeting 5GABAARs to Treat Cognitive Dysfunction after Mild Traumatic Brain Injury



Residents' Research Award

Ontario's Anesthesiologists - CAS Residents' Research Grant (\$10,000)

Dr Terri Sun, Resident – PGY2

University of British Columbia, Vancouver, BC

A Usability and Feasibility Evaluation of Panda, a Smartphone Application Designed to Support Post-operative Pain Management at Home



Subspecialty Award

CAS Research Award in Neuroanesthesia in memory of Adrienne Cheng (\$10,000)

Dr Philippe Richebé, Professor

Hôpital Maisonneuve Rosemont, University of Montreal, Montreal, QC

Evaluation of the Combined Intraoperative Depth of Analgesia (NoL) and Depth of Anesthesia (BIS) Monitoring on the Patients' Recovery and Safety after Surgery: A Pilot Study



Subspecialty Award

Dr Earl Wynands Research Award in Cardiovascular Anesthesia (\$30,000)

Dr Keyvan Karkouti, Deputy Chief of Anesthesia

University Health Network, University of Toronto, Toronto, ON

Hyperbaric Oxygen Therapy for Cardiac Surgery-Associated Acute Kidney Injury: A First-in-Human Pilot Study



Open Award – Patient Safety

Dr R A Gordon Research Award for Innovation in Patient Safety (\$37,680)

Dr Zeev Friedman, Director of Research, Staff Anesthesiologist

Mount Sinai Hospital, University of Toronto, Toronto, ON

Simulation-based Competency Assessment in Anesthesia

CONGRATULATIONS FÉLICITATIONS

2015 CERTIFIED ANESTHESIOLOGISTS ANESTHÉSIOLOGISTES NOUVELLEMENT CERTIFIÉS

Amir Abrishami
Tammam Abul-Hamayel
Elaheh Adly
Samer Al-Ghazaly
Sarika Alisic
Zolfakar Al-Mousawy
Mohamed Aouida
Anil Arekapudi
Samuel Fook Hang Au
Balaji Balasubramaniam
Olumuyiwa Bamgbade
Marie-Ève Beauchemin-Turcotte
Robert Bechamp
Julie Bélanger
Marina Belda
Henry Bi
Marc-André Blais
Ariane Boivin
Andreea Bosneaga
Andre Bourgeois
Melissa Brockerville
James Brown
Zoe Brown
Yaryna Bychkivska
Matthew Cameron
Jeffrey Campbell
Yannick Caron
Adrienne Carr
Sabrina Carrié
Marta Cenkowski
John Centofanti
Eric Chou
Tumul Chowdhury
Brendon Chung
Ariane Clairoux
Takumi Codère-Maruyama
Florin Costescu
Matthew Robert Culp
Fiorenzo Cusano
Amélie Dallaire

Annemaria De Tina
Emanuelle Désilets-Paquet
Tran Hoa Do
Kurt Domuracki
Adam Dryden
Zhe Amy Bian Fang
Ashleigh Farrell
Alexandra Florea
Karen Anne Foley
Laurence Fontaine
Louis-Olivier Fortin
Yannick Antoine George
Fréchette
Guillaume Fugère-Nadeau
Lillia Fung
Imelda Galvin
Christian Gilbert
Michael Gofeld
Deepak Hanumanthaiah
Laurélie Harvey
Yasser Hayat
Patrick Hecht
Ming Lai Ada Hindle
Clara Ho
Melissa Wei-Yee Ho
Heather Hurdle
Prabhjote Singh Jhaji
Susan Jo
Bruce Kilpatrick
Olajide Kowe
Wing Lam
Austin Lamb
Jeffrey Lau
Julien LeBlanc
Eugene Leshchyshyn
Brendan Lett
Tsui Pik Leung
Josée Levesque
Gordon Li
Mark Lipsett

Margaret Livingstone
Sean Lougheed
Uma Manickavasagam
Judith Marois
Kenneth Mast
Niamh McAuliffe
Sarah McIsaac
Duncan McLuckie
Hendrik Mendes
Sébastien Michaud
Vasudha Misra
Ioannis Perseus Missirlis
Audrey Monastesse
Alex Mu
Papu Nath
ManCho Ng
Erika Nguyen
Fani Nhuch
Mofolashade Onaolapo
Mélissa Ouellette
Annie Pang
Michael Pariser
Lucy Pearmain
Ryan Perlman
Maria Petropolis
George Philip
Jennifer Plester
Véronique Potvin
Louis-Pierre Poulin
Russell Quapp
Roshan Raban
Sivakumar Raghavan
Roop Randhawa
Rob Rideout
Bryn Runkle
Samantha Russell
Taraneh Sadrmomtaz
Takpal Sandu
Richard Schaan
Michelle Scheepers

Mark Schindel
Simone Schulein
Danielle Shafiepour
Mughina Siddiqui
Marcos Silva Restrepo
Alexandra Simard
Mark Slovack
Houssine Souissi
Kathryn Sparrow
Sanjho Srikandarajah
Étienne St-Louis
Lindsay Taam
Hesham Talab
Chong-How Tan
Samuel Tétrault
Dheshnie Thangavelu
Maxime Thibault
Lindi Thibodeau
Alistair Thornton
Suzanne Todd
Steven Tremblay
Jennifer Tse
Zacharias Van Den Heever
Jennifer Vergel De Dios
Adrian Vethanayagam
Cindy Ruiqing Wang
Jing Wang
Sara Waters
Brock Wilson
Jason Wilson
Michael Woloszyk
Simon Wong
Gina Wu
Kevin Yee
Paul Zakus
Ray Zhou
Taylor (Tian Le) Zhou

THE SELF ASSESSMENT PROGRAM FROM THE CANADIAN JOURNAL OF ANESTHESIA—CPD ONLINE

CPD MODULE: An update on the prone position – **June 2016**

ALSO AVAILABLE

- Local anesthetic systemic toxicity
March 2016
- Potential strategies for preventing chronic postoperative pain:
a practical approach
December 2015
- Managing the challenging pediatric airway
September 2015
- Reversal of warfarin anticoagulation for urgent surgical procedures
June 2015
- Step-by-step clinical management of one-lung ventilation
December 2014
- Bedside clinical and ultrasound-based approaches to
the management of hemodynamic instability: Part II: bedside
ultrasound in hemodynamic shock
November 2014
- Bedside clinical and ultrasound-based approaches to the management
of hemodynamic instability – Part I: focus on the clinical approach
September 2014

HOW TO ACCESS THE MODULES

Instructions can be found on the Canadian Anesthesiologists' Society website at:

cas.ca/members/cpd-online

Successful completion of each module of the self-assessment program will entitle readers to claim four hours of continuing professional development (CPD) under section 3 of CPD options, for a total of 12 maintenance of certification credits. Section 3 hours are not limited to a maximum number of credits per five-year period.

Publication of these modules is made possible through unrestricted education grants from the following industry partners:



Medtronic

CHOOSING WISELY® CANADA

The Choosing Wisely® Canada (CWC) campaign continues to generate good discussion about helping physicians talk to their patients about unnecessary tests, treatments and procedures. The momentum is gaining, and the CAS' informational video is expected to be posted to the CAS website in the near future.

A CWC informational video will be launched at the Annual Meeting at the CWC Session. Watch for it to also be posted on the CAS website soon!



SURGICAL SAFETY IN CANADA: A 10-YEAR REVIEW OF CMPA AND HIROC MEDICO-LEGAL DATA

More than one million surgical procedures were performed annually in Canada between 2004 and 2013. The Canadian health care system strives to provide safe care, but patient incidents still occur, with over half attributed to surgical care. Safe surgical care requires that physicians and health care teams use appropriate tools and contribute to system improvements within a complex professional environment.

Objective surgical care safety is one of four focus areas of the National Patient Safety Consortium's Integrated Patient Safety Action Plan. The Consortium requested that the Canadian Medical Protective Association (CMPA), which provides medical liability protection for most Canadian physicians, and the

Healthcare Insurance Reciprocal of Canada (HIROC), which provides liability insurance for health care organizations and their employees, conduct a retrospective analysis of Canadian surgical safety incident data. This analysis of medico-legal data advances knowledge in patient safety concepts, and is intended to lead to system and practice improvements.



To find out more about this initiative, go to:

[Surgical Safety in Canada - Summary Report](#)
[Surgical Safety in Canada - Detailed Analysis](#)



PAYING TRIBUTE TO DECEASED CAS MEMBERS

To recognize the contributions of and pay tribute to deceased CAS members, *Anesthesia News* will now publish obituaries that are submitted to CAS.

If you would like to submit an obituary for a deceased CAS member, please forward it to anesthesia@cas.ca. A photograph may be included.

Please note the following general guidelines:

- The person must have been a member of CAS during their career, although not necessarily at the time of death.
- While vital statistics are important, stories about the individual's life, career, and contributions to specific endeavours are strongly encouraged.
- The obituary should be limited to 500 words.
- All submissions will be edited.

IN MEMORIAM



Dr Charles Leslie MacAdams

1954 – 2016

- CAS Member
- Longstanding member of the Cardiovascular and Thoracic (CVT) Section
- Vice Chair, CAS IEF (2003 – 2006)
- Correspondent member, Editorial Board (2005)

It is with heavy hearts that we announce the loss of our friend and colleague Dr Charles Leslie MacAdams. Dr MacAdams, or “Charlie” as most of us knew him, passed away May 11, 2016 while on a medical education and mountaineering trip to the Himalayas. Following a successful 7000m group ascent to the North Col, on the Tibetan side of Mt. Everest, Charlie was found in his tent the next morning having passed peacefully in his sleep.

Following his graduation with a Bachelor of Science degree in Human Physiology with Honours (1976), Charlie went on to pursue his Doctor of Medicine (1982), both at the University of British Columbia. After a rotating internship and family medicine residency in Regina (1982 – 84), he returned to Alberta where he finished his residency in anesthesia in Calgary (1984 – 87). His subspecialty training in cardiac anesthesia took place at St Boniface Hospital, University of Manitoba (1988). He practised as a Clinical Associate Professor in Anesthesia with the University of Calgary for the remainder of his professional career.

Charlie's career in anesthesia is highlighted by his enormous contributions to the field of anesthesiology. Above providing state-of-the-art clinical care, he was also heavily involved in other aspects of academic medicine. A winner of the CAS Clinical Teacher Award (1998) as well as multiple local teaching awards, he was highly regarded as an educator. His love for teaching had no borders as Charlie was very active in international education, donating personal time and funds to support anesthesia training in developing countries.

Particularly fond of the people and the peaks of Nepal, he spent significant time teaching in local hospitals as well as sponsoring physicians to travel to Canada for further training. This culminated in the formation of a cardiac anesthesia service at the Tribhuvan University Institute of Medicine in Kathmandu, an achievement that was made possible with Charlie's efforts. Clinical research was always important to Charlie. He has a long list of peer-reviewed publications, including several landmark trials. Over the past decade, he dedicated much of his research and administrative energies towards optimizing transfusion practice and blood conservation strategies.

Dr Charles MacAdams was a highly regarded and well-respected member of the medical profession, but more so was a man who carried himself with integrity and always fought for what he believed in. His career-long dedication has left behind many physicians, hospital staff and patients with an unexpected void that will be impossible to fill. We will all miss him dearly.

Department of Anesthesia, University of Calgary

Dr MacAdams' family wishes that any donations in Charlie's name please be made to either the Sir Edmund Hillary Foundation of Canada (<http://thesiredmundhillaryfoundation.ca>) or the Canadian Sudden Arrhythmia Death Syndrome Foundation (<https://www.sads.ca/>).

9TH ANNUAL ANESTHESIA FOR GLOBAL OUTREACH COURSE

OCTOBER 7 – 9, 2016 – BOSTON, MA



The 9th Annual Anesthesia for Global Outreach Course will be hosted at Boston Children's Hospital, Boston, Massachusetts from October 7 – 9, 2016.

The annual three-day course prepares anesthesia providers to deliver anesthesia care in poorly resourced environments—the conditions under which 80% of the world's anesthesia care is delivered. The course boasts a cadre of world-renowned experts in global health and anesthesia. Participants will have the opportunity to consider intellectual, technical, psychological, and ethical aspects of outreach anesthesia work in conditions that they are unlikely to have encountered in their training or daily practice.

The course includes personal insights from faculty experienced in these environments, as well as current topics in global health-related issues. Practical sessions include equipment use and maintenance, hands on simulation, and use of unfamiliar anesthesia techniques. Participants will also attend sessions on tropical disease, cross-cultural adaptation, and travel preparation. There are ample opportunities for participants to engage with the expert faculty who have experience working in a broad variety of contexts. In addition, the program will enable anesthesia providers to better transfer their knowledge and build capacity when working in the low resource setting.



For more information on the 2016 *Anesthesia for Global Outreach Course* and to register, please visit: www.AnesthesiaGlobalOutreach.com



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*No purchase necessary. Contest ends on December 31, 2016. The draw will take place on January 16, 2017. There is one (1) prize to be won: the winner may select an amount of \$30,000 (CAN) awarded in the form of gift vouchers to a home renovation or building supplier, exchangeable for eco-friendly products or eco-friendly renovations, or a cheque for \$30,000 (CAN).

The winner will be responsible for selecting suppliers — upon approval by The Personal — and coordinating all work. Chances of winning depends upon the number of quotes received and the number of policies in force with The Personal on December 31, 2016. The winner must correctly answer a skill-testing question to receive the prize. Full contest rules and details available at thepersonal.com/mywinningquote.



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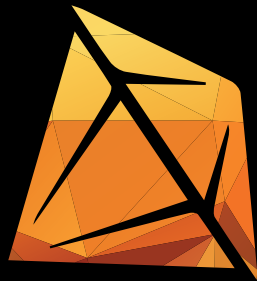
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PROFESSOR OLLE LJUNGVIST

Professor Olle Ljungqvist received his medical degree and obtained his PhD on glucose metabolism in hemorrhage at the Karolinska Institutet in Sweden. He completed his residency and held several clinical positions in gastrointestinal surgery at the Karolinska Hospital and was appointed Professor of Surgery, Nutrition and Metabolism in 2005 at the Karolinska Institutet.



DR DAVID CANTY

Dr David Canty is an anaesthetist and Director of simulation and senior lecturer for the Ultrasound Education Group, Department of Surgery, University of Melbourne, where he researches and teaches a wide range of ultrasound techniques, with a particular interest in echocardiography.



PROFESSOR STANTON NEWMAN

Professor Stanton Newman is Professor of Health Psychology and Dean of the School of Health Sciences at City University London. He has published over 350 research papers and chapters as well as 18 books. One of his areas of specialisation is the impact of surgery and anaesthesia on the brain.

www.asa2016.com.au

*** Early bird registration closes 8 July 2016.**

PGA70

PostGraduate Assembly in Anesthesiology
Fri. - Tues. Dec. 9-13 Marriott Marquis NYC/USA

2016



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"My Canadian multicenter randomized control trial would not have been possible without the support of anesthesiologists donating to CARF and the 2012 Dr. R.A. Gordon Clinical Research Award. I am receiving e-mails from all over the world since the project was published."

2012 Dr. R.A. Gordon Clinical Research Award Recipient

Dr. Alain Deschamps
Chief, Montreal Heart Institute
University of Montreal

Funding from CARF makes anesthesia research possible



Canadian Anesthesia Research Foundation
La Fondation canadienne de recherche en anesthésie



Canadian Anesthesiologists' Society

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Editor-in-Chief:

Dr David McKnight

Managing Editor:

Andrea Szametz

Design and Production:

Fusion Design Group

Email: anesthesia@cas.ca

Fax: 416-480-0320

Phone: 416-480-0602

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