

CAS

ANESTHESIA NEWS

VOLUME 34 • DECEMBER 2019 • NUMBER 4



CANADIAN ANESTHESIOLOGISTS' SOCIETY

TABLE OF CONTENTS

- 01 Message from the President
- 02 2019–2020 Board of Directors
- 03 CAS Update
- 06 2020 Annual Meeting:
Mark Your Calendar!
- 08 Reflections from New Board
Members: Dr Andrew Nice
and Dr Dennis Drapeau
- 10 Patient Safety Committee
Update
- 12 Vital Anesthesia Simulation
Training (VAST) in Kibagabaga,
Rwanda
- 13 New Committee for
Physician Wellness
- 15 Member News
- 16 Report from American
Society of Anesthesiologists
Annual Meeting 2019
- 17 Report from Australian
Society of Anaesthetists'
National Scientific
Congress 2019

www.cas.ca



MESSAGE FROM THE PRESIDENT



“In this, the final newsletter from CAS for 2019, I would like to start by wishing everyone a happy holiday and all the best for the new year!”



Over the past year, several of our members hit important milestones. Dr John Wade was appointed to the Order of Canada as a Member, announced by Her Excellency the Right Honourable Julie Payette, Governor General of Canada, on June 27, 2019. Dr Wade has been recognized for his contributions to medical education and practice in Canada, notably for his advocacy for patient safety and quality improvement in health care. Dr Angela Enright was the recipient of the 2019 Royal College Teasdale Corti Humanitarian Award. A Past-President of both the CAS and the World Federation of Societies of Anaesthesiologists (WFSA), Dr Enright is also an Officer of the Order of Canada. Dr Orser was inducted into the National Academy of Medicine (NAM). Election to the Academy is considered one of the highest honours in the fields of health and medicine and recognizes individuals who have demonstrated outstanding professional achievement and commitment to service. This is not to mention the several award-winning anesthesiologists and medal winners recognized across the nation, almost too numerous to name. Congratulations to everyone!

Our 2020 Annual Meeting—taking place in Halifax, Nova Scotia from June 19-22, 2020—is just around the corner. Our Annual Meeting in Calgary was a huge success. The scientific program did not disappoint, with expert speakers from across the globe presenting a superb educational program. Over 16 hours of Section 1 CME credits showcased a diverse series of educational sessions including Pediatric Anesthesia, Cardiovascular and Thoracic, and Chronic Pain. Thirteen PBLDs allowed for in-depth, hands-on discussions aimed at advancing the specialty. Four pre-conference workshops and nine workshops covered a breadth of learning streams such as Regional and Acute Pain, Patient Safety, Ambulatory, and Obstetric Anesthesia. The Environmental Sustainability section had its first annual meeting program, with engaging sessions and symposia on sustainable anesthesia and the future of green anesthesia in Canada.

...continued on page 2

Diversity and inclusivity were important agenda focuses at the 2019 Annual Meeting. Dr Patricia Houston, Past-President of CAS, discussed the importance of strategies to increase diversity and inclusion for medicine, anesthesiology, and society-at-large, and emphasized the important role of CAS to reach out to, support, align with, and recognize all the diverse individuals who are part of the anesthesiology community. In 2020, the Angela Enright Lecture will open the Annual Meeting in Halifax. Our esteemed colleague and Order of Canada winner, Dr Angela Enright, will present.

The social and networking events were not to be missed in 2019. The city of Calgary provided several unique venues to highlight the city's jovial atmosphere. The annual Fun Run for CARF ventured through downtown Calgary on a 5K run, raising money for anesthesia research in Canada. The CASIEF Family Fun dinner was hosted at the Calgary Zoo, while the President's Party highlighted Calgary's cowboy roots at the eye-catching Gasoline Alley Museum Gallery event space in Heritage Park Historical Village. This year, there will be several networking events, including a refreshed President's Party, a fun event for everyone. Stay tuned for details.

The 2019 Annual Meeting concluded with the Awards Ceremony and luncheon. Congratulations were given to our Gold Medal recipient, Dr David Mazer, as well as all other recipients of Honour Awards, Research Awards, Resident and Medical Student Prizes, Oral Presentations and Best Paper Awards. In 2020, the Annual Meeting will conclude with a new "CAS Gold Medal Lecture", moderated by a former CAS Gold Medal winner and presented on a topic of interest to

everyone in attendance. The inaugural Lecture will be moderated by Dr Vincent Chan, and the presenter will be Dr Anahi Perlas.

Don't forget to submit your research grant applications by January 10, 2020 and your abstracts by February 20.

Finally, a note about beautiful Halifax, the host city of our 2020 Annual Meeting and a perfect vacation spot for both families and singles. If you can, add a few days to your conference and experience Halifax. Everywhere you go during June in Halifax, something exciting, unique, and distinctly Haligonian is happening. Whether you're enjoying a waterfront **lobster dinner**, attending an **outdoor concert**, visiting local **museums**, galleries and **attractions**, or **exploring coastal trails, beaches** and **waterfalls**, you'll never be at a loss for amazing experiences.

If you are looking to experience local culture, there are many farmers' markets, stylish restaurants, and craft breweries to explore in the summer. The pristine beaches by the Atlantic Ocean make for perfect opportunities to swim, surf, or sunbathe. A stroll through 200-year-old Fisherman's Cove or a trip on the Cabot Trail is a boon for adventure seekers, as are the numerous lighthouses, museums, and historic sites available in the "Lobster Capital of Canada." Test your **knowledge of "Hali-Facts"** and plan your vacation!

**Again, have a happy holiday
and see you in the new year!**

Daniel Bainbridge
President

2019-2020 BOARD OF DIRECTORS

EXECUTIVE COMMITTEE

President: Dr Daniel Bainbridge, London, ON
Vice-President: Dr Dolores McKeen, Halifax, NS
Secretary: Dr Andrew Nice, Saint John, NB
Treasurer: Dr James Kim, North Vancouver, BC
Past President: Dr Douglas DuVal, Edmonton, AB

EXECUTIVE DIRECTOR (Non-voting):
Ms Debra Thomson

INVITED GUESTS

 (Non-voting)

CJA Editor-in-Chief: Dr Hilary Grocott, Winnipeg, MB
CARF Chair: Dr Doreen Yee, Toronto, ON
CASIEF Chair: Dr Dylan Bould, Ottawa, ON
RCPSC Representative: Dr H  l  ne Pellerin, Qu  bec, QC

DIVISIONAL REPRESENTATIVES

Newfoundland & Labrador: Dr Angela Ridi, St John's, NL
Prince Edward Island: Dr Jean-Yves Dubois, Charlottetown, PE
Nova Scotia: Dr Dennis Drapeau, Halifax, NS
New Brunswick: Dr John Murdoch, Fredericton, NB
Quebec: Dr Giuseppe Fuda, St Laurent, QC
Ontario: Dr Monica Olsen, Toronto, ON
Manitoba: Dr Jennifer Plester, Winnipeg, MB
Saskatchewan: Dr Mateen Raazi (Interim), Saskatoon, SK
Alberta: Dr Saifee Rashiq, Edmonton, AB
British Columbia: Dr Michelle Scheepers, Vancouver, BC

EX-OFFICIO MEMBERS

 (Voting)

ACUDA President: Dr Roanne Preston, Vancouver, BC
Resident Representative: Dr Maria Salman, Toronto, ON



CAS UPDATE

A lively discussion and great “touch-base” occurred on November 23 in Toronto when the CAS Board of Directors met at its second in-person meeting of 2019. Divisional representatives provided updates about the activities and issues facing anesthesia in their provinces. It is so important for the national body to hear and share the similarities and differences taking place across the country, setting the stage for what the national voice needs to address and advocate.

The Ethics Committee submitted its new document on perioperative DNR guidelines. A well-written and thoughtful editorial reference, the Board approved the intent of the document, which outlines the recommended review of DNR orders and/or other directives as part of the process of informed consent. The guidelines are available on the CAS website: www.cas.ca/en/about-cas/committees/ethics

Dr Bainbridge touched on the Society’s stewardship on environmental sustainability and encouraged support in the prudent use of resources minimizing the use of water, energy, and waste generation. The work by the Environment and Sustainability Committee was noted, as it has been active in a number of initiatives this year, including fine-tuning and enhancing the Environmental Statement developed by the Common Issues Group. The Common Issues Group consists of the American Society of Anesthesiologists, the Association of Anaesthetists [Great Britain & Ireland], the Australian Society of Anaesthetists, the Canadian Anesthesiologists’ Society, the New Zealand Society of Anaesthetists, and the South African Society of Anaesthetists. The Group functions through mutual

cooperation between its members. The purpose of this joint statement is to denote that the medical societies listed above recognise that the professional actions of anesthesiologists have an environmental impact and that this, in turn, may affect health, well-being, and our economies both now and in the future. This statement will be available and shared with you in the new year.

Following an update on the work by the Diversity, Equity and Inclusion Working Group chaired by Dr McKeen, it was decided that the Working Group should be converted into a committee, allowing for the continual contribution and efforts in this area. Among other things, the Working Group developed the **CAS and ACUDA Joint Statement on Diversity and Inclusion**.

The statement acknowledges that both organizations recognize and value diversity in all aspects of our work and the profession. Diversity is a source of strength that can only be fully realized through equitable and inclusive involvement of all. The statement promotes that every person has the right to be accepted and treated with respect and dignity. It is expected that all Society and ACUDA Board and committee members, staff, Society members, and volunteers will model, promote, and comply with these principles. The Committee will continue its efforts in a number of ways including, but not limited to, newsletters, social media coverage, and the development of a balanced scorecard on gender representation to be used by the Society in all committees, events, and representation.

A new committee was approved at by the Board – the Physician Wellness Committee. Chaired by Dr Saroo Sharda, MMEd, FRCPC, the CAS Physician Wellness

...continued on page 4

...continued from page 3

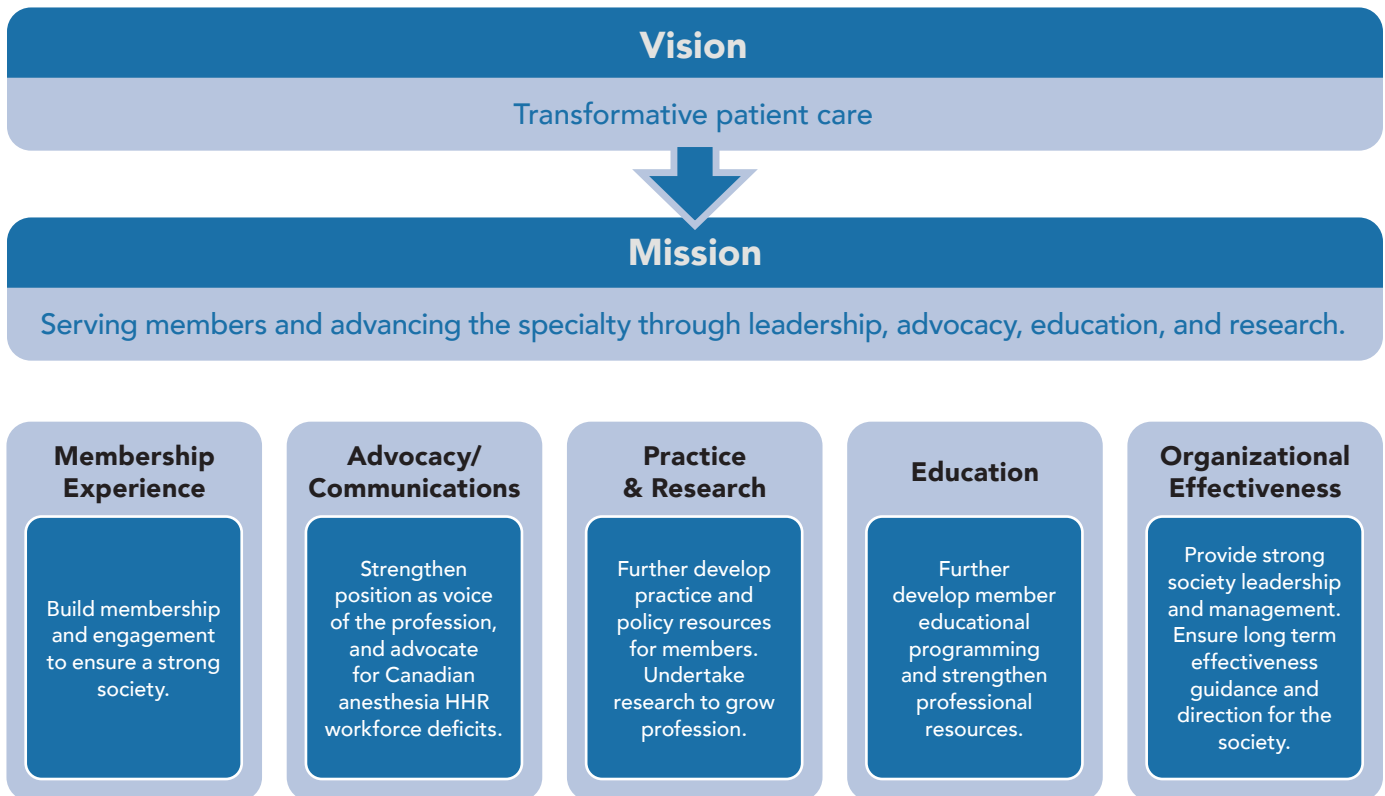
Committee is dedicated to supporting practices that encourage anesthesia physician well-being and health, while also addressing the increasing rates of burnout in our specialty. It is the Committee's guiding principle that physician happiness and quality patient perioperative care are directly linked, and that in addition to individual wellness strategies, occupational and systemic initiatives are needed. The Committee will work to promote shared responsibility between anesthesiologists, their workplaces, and organizations to identify barriers to physician health and will assist in shaping behaviours, actions, and policies to address

these barriers. The Committee will advocate for increased access to services that promote physician health and reduced stigma associated with access. Stay tuned for more information about this important committee.

The Board approved the change in name of the Patient Safety Committee to the Quality and Patient Safety Committee. It had been determined that patient safety is just one part of quality improvement, and the new name supports the broader scope of the Committee.

Finally, following considerable work done earlier in the year, the Board reviewed, discussed, and approved the new CAS 2020-2023 Strategic Plan. The CAS Vision and Mission have been revised, targeting the focus of the Society's work. We are focusing the work on five pillars: the Membership Experience, Advocacy and Communications, Practice and Research, Education, and Organizational Effectiveness:

STRATEGIC PLAN



The CAS office is looking forward to its work over the next three years. As the voice of the profession, we are always interested in your ideas and thoughts. Contact us at any time at anesthesia@cas.ca.



CANADIAN
ANESTHESIOLOGISTS'
SOCIETY

CALL FOR ABSTRACTS NOW OPEN

Submission Deadline: **February 20, 2020**

www.cas.ca/annual-meeting/ (Program / Call for Abstracts)

Share your research with colleagues and enhance both the speciality and your resume.

The CAS is happy to offer multiple ways for you to get involved in the Annual Meeting (AM).

One way that you can ramp up your experience at the AM is to submit an abstract (a paper). Doing this allows you to share your research in a variety of ways and might also place you in friendly competition with your colleagues.

Three reasons to submit an abstract:

- 1 Enhance your resume—accepted abstracts are published online in the Canadian Journal of Anesthesia
- 2 Share your research
- 3 Network with colleagues to boost your knowledge, make new connections, and strengthen existing ones

CAS
2020
Annual Meeting

JUNE 19 – 22, 2020

HALIFAX CONVENTION CENTRE
HALIFAX, NOVA SCOTIA



CANADIAN
ANESTHESIOLOGISTS'
SOCIETY



www.cas.ca/annual-meeting

Contact us at: info@casmeeting.com

The 2020 Annual Meeting will take place in Halifax, NS at the Halifax Convention Centre June 19–22, 2020.



MARK YOUR CALENDAR! 2020 ANNUAL MEETING

Superb educational programming is being developed with expert national and international speakers and instructors. The meeting will offer plenary sessions, workshops, and Problem-based Learning Discussions (PBLDs), including pre-conference workshops on POCUS and diversity and equity, as well as being a beautiful destination to plan a vacation around.

As always, the scientific program will not disappoint and has something for every anesthesiologist, as well as providing the perfect opportunity to earn CME credits. Some preliminary highlights include sessions on perioperative stroke, physician mental health and ethics of self-regulation, academic anesthesia and pain medicine and new frontiers in cardiovascular and thoracic anesthesia. These are joined by several PBLDs, pre-conference workshops, section events and symposiums, all of which are ideal opportunities to enhance clinical skills and utilize them in practice. A highlight of the academic program is the President's Symposium, led by Dr Patricia Houston. Titled "Professionalism, more than showing up on time and smiling," the symposium will explore the role of professionalism in medical education, the impact of unprofessional behaviour, and examine strategies to improve workplace cohesiveness.

As part of CAS' ongoing dedication to combining education with networking, the 2020 Annual Meeting will offer a new, interactive version of the

President's Dinner. The Diversity, Equity and Inclusion Committee will be hosting a "Women in Anesthesia" breakfast on Monday morning and will be seeking to gauge members' interest in a CAS "Women in Anesthesia" section. Other events include the always exciting Resident's SIM Olympics, Career Fairs, mentorship programs, as well as socials hosted by CARF, CASIEF and the CAS Residents. One of the ongoing popular highlights is the Richard Knill Competition, an exciting oral presentation of the top-rated abstracts submitted to the Annual Meeting.

Finally, the city of Halifax offers a lot as a vacation spot and is a great destination for singles and families alike. Take a break from the academic program and discover iconic lighthouses, urban gardens, stunning galleries and museums, a waterfront science centre, and many more world-class attractions. Surrounded by the sparkling ocean, the Halifax waterfront boardwalk is a popular tourist destination with plenty of local artisans and businesses. Halifax is also known for its locally-crafted beer, ciders and spirits vary from intense IPAs and full-bodied stouts, to ciders made with Nova Scotian apples. With beautiful beaches, including Martinique Beach Provincial Park and Lawrencetown Beach Provincial Park, it's the ideal destination for swimming, hiking, and enjoying the summer sun.



CANADIAN
ANESTHESIOLOGISTS'
SOCIETY

JUNE 19 – 22, 2020
HALIFAX CONVENTION CENTRE, NS

CAS
2020
Annual Meeting



Angela is devoted to advancing safe anesthesia practices in Canada and abroad. A clinical professor, medical director and anesthesiologist, she is also the first woman to serve as president of the CAS and the WFSA. She continues to contribute to patient safety worldwide through the World Health Organization's Safe Surgery Saves Lives project.

FEATURED SPEAKER!
Angela Enright
2020 Opening Lecture



www.cas.ca/annual-meeting

Contact us at: info@casmeeting.com

REFLECTIONS FROM NEW BOARD MEMBERS

DR ANDREW NICE and DR DENNIS DRAPEAU

DR ANDREW NICE



Having previously served for six years on the CAS Board of Directors as a Divisional Representative, Dr Nice is back on the Board. Recently, he shared some ideas about the importance of belonging to CAS.

"As a member, you can help at the 'big picture' level or get involved in your area. There is a myriad of opportunities such as helping to advance the important role for national specialty societies in advocating to various governments, fostering research, and supporting valuable projects.

Getting involved can take many forms—it's your contribution that makes a difference. New volunteers may find it daunting to determine where to best make a contribution but, in my experience, there are always opportunities, including committees and special areas of interest at the local and national levels.

If you're passionate about contributing to CAS and its mandate, find out how to get involved.

A significant benefit of membership is the ability to network across Canada and see what our colleagues

are doing. As anesthesiologists, we work somewhat independently and having professional connections is important. Through CAS, we can find those opportunities regionally, nationally, and internationally.

I look forward to joining my colleagues in supporting CAS' advocacy efforts and the rights of patients in receiving good care.

If you know an anesthesiologist who isn't a member, I encourage you to reach out to them! If you are not a member and are thinking of joining CAS, go to cas.ca."



DR DENNIS DRAPEAU

A CAS member for 15 years, Dr Drapeau was a resident when he joined. He considers himself to be "new" to volunteering at CAS as he just started as Divisional Representative this September.

"It's hard to quantify volunteering in our area because we are a small province and there is not a lot of interest in it. I am excited to take on this new challenge when the previous Divisional President decided it was time to hand over the reins.

I have always felt it is important to support the CAS by being a member and, since becoming Divisional Representative, I am getting a much broader view of the activities of CAS.

There are always a number of profession-related issues that are resonating across the country – examples include family practice anesthesia and service delivery to underserved areas.

In my area, we have to search to find volunteers and persuade some of them to get engaged and involved. One positive aspect is that there is some interest shown in the CAS Atlantic Regional Conference that we organize almost yearly.

At a higher level, being a member of CAS has always felt important to me because it provides anesthesiologists with representation at some important levels and engagement with other relevant stakeholders. We are the voice of the profession in Canada and some tangible membership benefits include lobbying, issuing position statements to government and communicating with stakeholders to showcase some of the initiatives we have undertaken over the years. The widely-respected *Canadian Journal of Anesthesia* is also definitely something we can be proud of.

I encourage our new graduates and non-members to join their Society!"



...continued on page 9

Happy Holidays

and very best wishes for the New Year!



CANADIAN
ANESTHESIOLOGISTS'
SOCIETY



PATIENT SAFETY COMMITTEE UPDATE

The Patient Safety Committee has a new name! Our Committee wanted its name to reflect the important role of quality improvement in the ongoing efforts to optimize patient safety. We will now be called the **CAS Quality and Patient Safety Committee**. We have also successfully recruited committee members with QI training and experience to ensure a stronger representation in this area.

Our John Wade Patient Safety Symposium this June, entitled “Leveraging the Learning Healthcare System” will explore the effective use of healthcare data in continuous quality improvement and optimization of patient care. Our speakers, Drs Susan Moffatt-Bruce and Conor McDonnell, are preparing an excellent presentation which I’m very much looking forward to! Our Patient Safety Workshop, facilitated by Drs Susan Moffatt-Bruce, Christopher Pysyk, and May-Sann Yee, will be on the development of performance metrics (physician scorecards) for anesthesia providers. The number of participants for the workshop will be limited so I encourage you to sign up early at the time of the Annual Meeting registration.

I would like to share an additional opportunity with you: the Canadian Standards Association (CSA) is seeking anesthesiologists to become members of the Technical Committee on Perioperative Safety. This Committee was established in 2010 to address a range of perioperative safety issues covering topics including but not limited to:

- Anesthesia, respiratory and medication-related medical devices
- Perioperative personnel safety
- Medical gas systems and their scavenging
- Medical laser safety
- Electrosurgical equipment safety
- Plume scavenging
- Medication misidentification errors

Desired candidate attributes:

- Willingness to work on a Technical Committee electronically and in-person
- Desire to contribute to the development and revision of national safety standards
- Attendance at meetings over approximately 18-24 months (including via webex)
- Ability to work in a multi-stakeholder environment, following the principles of consensus
- Strong interest in the subject matter

There is also an opportunity to participate on an international level with the International Standards Organization’s (ISO) Technical Committee for Anesthetic and Respiratory Equipment. Interested candidates can submit their resume and statement of interest as soon as possible to Cassandra Gullia at Cassandra.gullia@csagroup.org. She can also answer any questions you may have about this important advocacy work.

Dr Lucie Filteau, FRCPC, Chair, CAS Quality and Patient Safety Committee



2020 CAS RESEARCH PROGRAM

The research program provides essential funds to develop and grow Canadian anesthesia research. The 2020 research program offers two types of research grants through CARF: Operating Grants and the CAS Career Scientist Award in Anesthesia.

To facilitate collection of required documents while giving applicants some family time during the holidays, the deadline has been extended to:

January 10, 2020 23:59 EST

Start preparing your applications today!

For all submissions information, please visit:

www.cas.ca/en/awards-grants/research-program



CANADIAN ANESTHESIOLOGISTS' SOCIETY
SOCIÉTÉ CANADIENNE DES ANESTHÉSIOLOGISTES



Canadian Anesthesia Research Foundation
La Fondation canadienne de recherche en anesthésie

PROGRAMME DE RECHERCHE

Le programme de recherche fournit des fonds essentiels afin de développer et faire progresser la recherche en anesthésie au Canada. Le programme de recherche 2020 offre deux types de subvention de recherche par le biais de la FCRA—la bourse de carrière de recherche, et des subventions de fonctionnement.

Afin de faciliter la cueillette des documents requis tout en permettant aux candidats de passer du temps en famille pendant les Fêtes, le délai a été prolongé jusqu'au:

Date limite : 10 janvier 2020 à 23h 59 HNE

Commencez dès maintenant à préparer vos demandes!

Pour tous les renseignements au sujet des demandes, allez à :
www.cas.ca/fr/bourses-et-subventions/programme-de-recherche

VITAL ANESTHESIA SIMULATION TRAINING IN KIBAGABAGA, RWANDA

Alain Irakoze, Anesthesiologist, University of Rwanda

Patty Livingston, Anesthesiologist, Dalhousie University

The Vital Anesthesia Simulation Training (VAST) Course is a three-day simulation-based course that teaches essential anesthesia practices and non-technical skills for the most commonly encountered clinical situations in low-resource and remote settings (e.g., sick laparotomy, obstetrics, pediatrics, trauma, pain management). VAST was developed from a collaboration between Dalhousie University and the University of Rwanda, with support from the Canadian Anesthesiologists' Society International Education Foundation (CASIEF). Having been delivered in Rwanda, Canada, Ethiopia, India, and Fiji, the 10th Rwandan course was recently held in Kibagabaga, Rwanda with support from CASIEF. Kibagabaga Hospital is small district hospital on the outskirts of Kigali, the capital of Rwanda.

Rwandan anesthesiologists and senior residents are now proficient in delivering the course without international facilitators. The course director, Dr Christian Mukwesi, is a co-author of VAST and head of anesthesia at the Rwanda Military Hospital in Kigali.

The VAST Course is designed to improve capacity for safe anesthesia and surgery amongst peri-operative teams. Courses are interprofessional in nature. The participant group at Kibagabaga included one general practitioner, two nurses, four midwives, and four non-physician anesthetists (NPAs), a typical mix of frontline providers in district hospitals in low-resource settings. Non-technical skills and simulation were new concepts for the majority of participants, so care was taken to provide a supportive learning environment and to demonstrate the value of simulation-based team training. Teaching methods are active with group discussion and role-play in 15 simulated scenarios run with simple low-cost materials. Participants are encouraged to work as teams to manage problems using the typical resources found in district hospitals.

Participant feedback highlighted the benefit of being trained in a safe environment, working together as one team, and learning skills for better communication. Participants expressed a desire to see this training

widely available for every health professional and to receive more training to improve their own non-technical skills. One NPA, who had been practising more than 10 years, said: "We are really thankful for your support and teaching. I promise you there will be before VAST and after VAST changes in my practice and I will prove that to you once you come back."

In addition to strengthening peri-operative teams, the opportunity to teach and lead VAST Courses enhances the skills of Rwandan anesthesiologists and residents who have been educated through the CASIEF-University of Rwanda partnership. As CASIEF is also now supporting resident education in Ethiopia, this course provided an opportunity for shared learning. Two CASIEF fellows, currently on six-month placement in Addis Abba, Ethiopia, participated in the Kibagabaga course with a goal of building capacity for simple, low-cost simulation-based training in Ethiopia. This will include implementation of the VAST Curriculum, an extended version of the course that has 48 half-day sessions (delivered over one year) to provide active, experiential simulation-based training for first-year anesthesia trainees. This curriculum is well underway in Rwanda and is now being introduced in Ethiopia.

We are grateful to everyone who supports CASIEF and makes this work possible. Thank you!



VAST Kibagabaga participants and facilitators: Dr Alain Irakoze (bottom row right); Dr Christian Mukwesi (bottom row 4th from right).



NEW COMMITTEE FOR PHYSICIAN WELLNESS

The CAS is proud to announce the formation of a new Physician Wellness Committee dedicated to supporting practices that encourage anesthesia physician well-being and health. The Committee's guiding principles are that physician happiness and quality patient perioperative care are linked, and that every anesthesia physician should feel fulfilled and engaged in their work. The Committee recognises that in addition to individual wellness strategies, occupational and systemic initiatives are also needed.

The Committee will be seeking input from members in order to develop strategies that are grounded in member needs as well as scholarly work in the area of physician health and wellness. The Committee will work to promote shared responsibility between anesthesiologists, their workplaces, and organizations to identify barriers to physician health and work towards shaping behaviours, actions, and policies to address these barriers.

The Physician Wellness Committee, led by Dr Saroo Sharda, MMed, FRCPC, will work closely with the Diversity, Equity and Inclusion Committee, as discrimination is a known factor which contributes to burnout. The Committee will also work closely with the Education Committee to collaborate regarding educational wellness and physician health offerings.

The Committee seeks members of diverse backgrounds who have interest and passion in moving forward strategies to improve the health and wellness of anesthesiologists. Experience in the area of physician wellness would be beneficial but is not an absolute requirement. If you are interested in joining the committee, please send a letter of intent to anesthesia@cas.ca by January 31, 2020.

2020



Canadian Anesthesiologists' Society

MEMBERSHIP RENEWAL



"The CAS has been an excellent, supportive community for Canadian anesthesia education, research, and advocacy. Through the Annual Meetings I have been inspired by life-long friendships, exciting projects and the latest trends in the industry."

Dr Janny Ke
PGY5 Anesthesia
Dalhousie University

INVEST IN YOUR FUTURE

CAS is your national specialty society. There are so many benefits of membership, including:

- Professional development programming—secure annual CPD credits (including section 3)
- Online CJA subscription and access to cutting-edge research from renowned anesthesiologists
- Opportunities to join CAS committees related to your special interests—critical for professional advancement and academic promotion
- Networking opportunities with colleagues from across the country and around the world
- Participate in CAS Sections and network with colleagues in your area of specialty, including the newly formed Hospital Chiefs of Anesthesia section
- Online community forum for all members and specialized forums for sections and committees
- Benefit from CAS advocacy efforts—CAS is recognized as the voice of the profession in Canada

THANK YOU FOR YOUR CONTINUED
MEMBERSHIP!

JOIN OR RENEW TODAY

WWW.CAS.CA

MEMBER NEWS

DR ERIC JACOBSON AWARDED THE PRIX D'EXCELLENCE

Dr Eric Jacobsohn has been awarded the Prix D'Excellence – Specialist of the Year award for Region 2, awarded by the Royal College of Physicians and Surgeons of Canada (RCPSC).

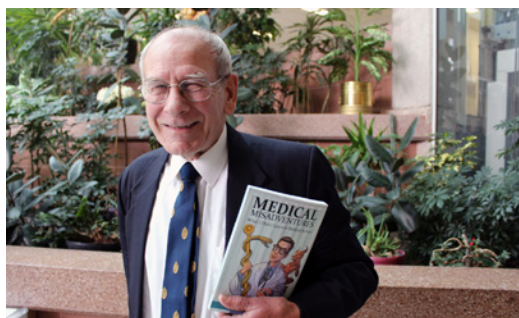
In its selection, the RCPSC noted that Dr Jacobsohn has made impactful administrative and culture changes in his 10 years as a chair of the Department of Anesthesiology at the University of Manitoba and head of Anesthesiology for the Winnipeg Regional Health Authority. His accomplishments include developing a new research infrastructure, freeing up full-time anesthesiologists for re-distribution to areas of need, and rewarding non-clinical contributions of members.

The Royal College profiled him in an [article here](#).

Congratulations Dr Jacobsohn!



DR ARNOLD TWEED RECENTLY PUBLISHED A BOOK



Dr Arnold Tweed is a retired anesthesiologist living in Toronto. He recently published a book entitled "Medical Misadventures: What I Didn't Learn in Medical School", which draws on his experience and encounters with people of all backgrounds and persuasions. A 1964 graduate from the University of Manitoba, Dr Tweed worked in a variety of areas – such as general practice, intensive care, and medical research – and this book builds on those experiences.

arnoldtweed.com

DR BEVERLY ORSER INDUCTED INTO THE NATIONAL ACADEMY OF MEDICINE

Dr Beverly Orser, PhD, FRCPC, professor of physiology and chair, Department of Anesthesia, University of Toronto was inducted into the National Academy of Medicine (NAM). Election to the Academy is considered one of the highest honours in the fields of health and medicine and recognizes individuals who have demonstrated outstanding professional achievement and commitment to service. A CAS Gold Medalist, Dr Orser was chosen for her ground-breaking discoveries around the anesthetic state and memory impairment, and the full effects of the anesthesia on memory receptors in patients. She is one of two Canadians granted the prestigious induction honour this year.

You can [read a full interview](#) with Dr Orser on the University of Toronto faculty website.

Congratulations Dr Orser!





REPORT FROM AMERICAN SOCIETY OF ANESTHESIOLOGISTS (ASA) ANNUAL MEETING 2019

**Dr Alexander Poulton, PGY4 Anesthesiology,
University of Ottawa, CAS Resident Representative to
ANESTHESIOLOGY 2019**

This fall, the Canadian Anesthesiologists' Society (CAS) continued the tradition of sponsoring a Canadian resident to attend the American Society of Anesthesiologists (ASA) Annual Meeting through a reciprocal exchange program. The annual meeting was held in October in Orlando, Florida. This expansive meeting was filled with groundbreaking content delivered by a diverse range of speakers from all over the world. Of course, many Canadians and CAS members were presenting as leading experts in the fields of geriatric anesthesia, regional anesthesia, and obstetrical anesthesia, to name a few.

The focus of the conference for me was the Resident House of Delegates' meeting. This is where resident representatives from across the USA, as well as a select group of international delegates, elect future executive members and discuss key issues and initiatives for the resident body. Key concepts discussed this year included resident wellness, patient safety improvements, global health initiatives, and anesthesia care team modeling. The meeting was pleasantly interrupted by the current Surgeon General and Indiana University anesthesiologist, Jerome Adams. Vice Admiral Adams took questions from our group and outlined his vision of the critical role anesthesiologists should play in medical leadership and public health advocacy going forward. The discussion

was particularly meaningful as Vice Admiral Adams was a previous member of the ASA Resident House of Delegates.

I also made a point to attend the annual Fellowship Open House. While meeting with fellowship directors to discuss Canadian applications, I was routinely told how impressive previous Canadian-trained fellows had been and how much admiration is reserved for the residency training Canadians receive. This should come as no small compliment to the residency program directors and hard-working residents we have north of the border.

As the conference came to a close, I discussed the massive potential for collaborative activities between our CAS residents and the ASA group with the outgoing and newly elected presidents of the ASA Resident Component. Look out for news of further joint initiatives in the near future.

And yes, anesthesia aside, no trip to central Florida would be complete without a requisite visit to one of Orlando's famed theme parks, so I was happy to oblige.

I would like to sincerely thank the CAS and its membership for this opportunity and for continuing to invest in this highly worthwhile relationship going forward.





REPORT FROM AUSTRALIAN SOCIETY OF ANAESTHETISTS' NATIONAL SCIENTIFIC CONGRESS 2019

Dr Michael Wong

As part of a reciprocal exchange program, each year CAS sponsors a resident member to attend the Australian Society of Anaesthetists' National Scientific Congress. I am grateful for the opportunity to attend this year's AuSA meeting in Sydney, September 20-24. Sporting the motto "An Eye to the Future," the conference offered a varied slate of talks, workshops, and small group discussions. There was a dedicated stream tailored to trainees. It was also eye-opening to speak with the diverse attendees at the meeting, hailing from all over Australasia and even farther afield. Since quite a few conference-goers were also avid Twitter users, interesting discussions continued on in cyberspace long after talks were completed.

I learned a lot during the thought-provoking plenary talks on clinical frailty, end-of-life discussions, and physician leadership. I was also extremely keen to hear Australian perspectives on the opioid epidemic. With helpful sessions on regional anesthesia, multi-modal analgesia, and responsible opioid prescribing, the conference accordingly offered very topical programming.

I made sure to visit the ASA's Harry Daly Museum, where numerous artifacts illustrate the development of our specialty. It was revealing to closely examine an antiquated Boyle's Machine, and contrast its simplicity and tangibility against the remarkable functionality, complexity,

and inscrutability of the latest anesthesia workstations on display at the conference exhibition hall. As the resident member of the CAS Archives and Artifacts Committee, this was a very instructive experience and I learned a lot about how the AuSA preserves the history of anaesthesia in Australia.

Naturally, I also made the most of my time in Sydney to explore this world-class metropolis, as well as the breathtaking Blue Mountains outside the city. Once again, I am most grateful to CAS for this exceptional learning opportunity. These reciprocal exchanges demonstrate that the CAS (along with AuSA and ASA) truly does keep an eye to the future of our speciality. I look forward to seeing everyone at next year's CAS Annual Meeting right in my neck of the woods, Halifax, Nova Scotia!





THE SELF ASSESSMENT PROGRAM FROM THE *CANADIAN JOURNAL OF ANESTHESIA* - CPD ONLINE

CPD Module:

Synopsis of the point-of-care ultrasound assessment for perioperative emergencies - April 2019

Also Available:

- Updated guide for the management of malignant hyperthermia - June 2018
- Anesthetic implications of recreational drug use - December 2017
- Massive hemorrhage and transfusion in the operating room - September 2017
- Managing the Perioperative Patient on Direct Oral Anticoagulants - June 2017
- The impaired anesthesiologist: What you should know about substance abuse - February 2017

How to Access the Modules:

Instructions can be found on the Canadian Anesthesiologists' Society website at:

www.cas.ca/cpd-online

Successful completion of each module of the self-assessment program will entitle readers to claim four hours of continuing professional development (CPD) under section 3 of CPD options, for a total of 12 maintenance of certification credits. Section 3 hours are not limited to a maximum number of credits per five-year period.

Publication of these modules is made possible though unrestricted education grants from the following industry partner:





**WE ARE SO
CLOSE TO
REACHING
OUR GOAL.**

**WILL YOU HELP US
GET THERE?**



"The CARF Career Scientist Award was the catalyst responsible for my career trajectory!"

Please join me in supporting CHANGE 4 CARF because we, the Canadian anesthesia community, are the anesthetic agents of change"

- Dr. Ron George
2011 Career Scientist Winner

In 2019, the capital campaign 'CHANGE 4 CARF' was launched to raise funds to support the Career Scientist Award.

With your help, we can achieve our goal of raising **\$100,000** towards this vital campaign by the end of the year.

**Please donate
online today at
www.mycarf.ca**

CARF

Canadian Anesthesia Research Foundation
La Fondation canadienne de recherche en anesthésie



CANADIAN ANESTHESIOLOGISTS' SOCIETY

Anesthesia News is published by the Canadian Anesthesiologists' Society (CAS).

CAS welcomes comments and suggestions from readers.

Materials published in Anesthesia News may be reprinted without permission if credit is given.

Publisher:

Canadian Anesthesiologists' Society
1 Eglinton Avenue East, Suite 208
Toronto, ON, Canada M4P 3A1

Editor-in-Chief:

Dr Andrew Nice

Managing Editor:

Andrea Szametz

Email: anesthesia@cas.ca

Fax: 416-480-0320

Phone: 416-480-0602

www.cas.ca