Noninvasive brain stress test:

hemodynamic vascular reserve and the risk of peri-operative stroke (and delirium?)

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Disclosures:



Aim:

Present a narrative summary of the dynamics of steno-occlusive cerebrovascular disease

Source:

19 years

1500 patients/scans

Symptoatic, asymptomatic, interventions, no interventions

Atlas of normal scans

Tools

Precise, repeatable vasoactive stimulus: CO₂

MRI

Clinical data

Model: continuously updated

Understanding neurovascular physiology

Patho-physiology

interpetation

Hypothesis generation

Citations

Fisher JA, Venkatraghavan L, Mikulis DJ, Stroke Aug. 2018 in press.

Roiland R, Fisher JA, Ainslie P. Pysiological Reviews. in press.

Caveat:

Not all of my colleagues may agree with all of this talk at all times.

Some basic science

Using MRI signal (BOLD) to measure CBF

- dOHb is paramagnetic \rightarrow \rightarrow BOLD signal
- high flow --> ↓ dOHb --> ↑BOLD signal



Distribution of CBF in presence of CV disease

Interrogation of voxel: 2.5 x 2.5 x 2.5





 PCO_2





 PCO_2







Interrogation of voxel: 2.5 x 2.5 x 2.5







Fierstra J, et al. J Physiol 591.23 (2013) pp 5809–5821



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Some basic science

Using MRI signal (BOLD) to measure CBF

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Distribution of CBF in presence of CV disease

Organization of cerebral blood flow and collateral blood flow





















What causes TIA if CASO but CVR is "normal"

With stenosis CVR is never above mean of normal: always in the lower range





What causes TIA if CASO but CVR is "normal"

With stenosis CVR is always in the lower range

Collateral blood flow isn't automatic: needs to be recruited when \downarrow flow --> symptoms

What is risk of stroke with CASO and "normal" CVR?

N CVR Protective: drops in flow give symptoms but protected by

surges in collateral flow

ischemic pre-conditioning

Can still stroke:

Obstruction/hypotension: too big, too sudden, too long

Reassuring:

collateral blood flow results in greater tolerance of ischemia and faster, greater recovery

vasodilation

collatera

↓Pperf

PCO₂

inflow

resistance

• softer, less occlusion with clot, (Alves HC, et al. Stroke 2017)

- partial perfusion;
- smaller infarct;
- longer viability of brain;
- time for clot retrieval;
- rPA gets through

'time since stroke' is one criterion. More important: ****presence of collateral blood flow****

Why do people with < 50% have TIA?

Distal territory is always a bit hypoperfused because compensation is not perfect.

Small perturbations in flow (reduced BP, raises in PCO_2) --> \downarrow reserve --> symptoms.

What is their CVR?

May be abnormal!

What is their risk of stroke if CVR is abnormal?

clearly hemodynamic effect of lesion And inadequate collateral blood flow <u>Higher risk</u>

What is the risk of stroke if CVR is normal?

No hemodynamic effect of lesion **Or** has collateral blood flow <u>Low risk</u>

CVR helps assign risk even if lesion < 50%



CVR marks risk for stroke

Case series of patients with cerebrovascular disease from our database at UHN, U of Toronto



Cerebrovascular reactivity predicts stroke in high-grade carotid artery disease

Neurology 83 October 14, 2014

Matthias Reinhard, MD Guido Schwarzer, PhD Matthias Briel, MD, MSc Claudia Altamura, MD Paola Palazzo, MD Alice King, PhD Natan M. Bornstein, MD Nils Petersen, MD Edith Motschall Andreas Hetzel, MD Randolph S. Marshall, MD, MS Catharina J.M. Klijn, MD, PhD Mauro Silvestrini, MD Hugh S. Markus, FRCP Fabrizio Vernieri, MD

754 patients Follow up 750 d

- 49 TIA
- 59 stroke

...Given the advances in modern optimized medical therapy, identifying a subset of patients at high risk is thus of increasing importance.

	Table 3 Prognostic effect of impaired CO2 reactivity in severe carotid stenosis or occlusion			
	Parameter		Adjusted HR (95% CI)	p Value
	Clinical endpoint: ipsilateral stroke			
	Impaired (CO2R (pCi <20%)	3.69 (2.01-6.77)	< 0.0001
	Age		1.08 (1.04-1.12)	0.0001
	Female sex		1.22 (0.69-2.17)	0.50
	Carotid oc	clusion vs 70%-99% stenosis	2.34 (0.66-8.28)	0.19
\Rightarrow	Contralate	eral stenosis ≥70%	0.77 (0.26-2.22)	0.62
	Symptoms	within previous 3 months	2.71 (1.07-6.86)	0.035
	Clinical endpoint: ipsilateral stroke or TIA			
	Impaired (CO2R (pCi <20%)	2.65 (1.72-4.09)	<0.0001
	Age		1.04 (1.02-1.07)	0.001
	Female se	х	1.40 (0.91-2.16)	0.13
	Carotid oc	clusion vs 70%-99% stenosis	1.03 (0.50-2.15)	0.93
	Contralate	eral stenosis ≥70%	0.57 (0.32-1.02)	0.06
	Symptoms	within previous 3 months	3.31 (1.80-6.10)	0.0001
	Parameter		Coefficient (95% CI)	p Value
	Clinical end	point: ipsilateral stroke		
	pCi (per 1	0% decrease, continuous values)	1.64 (1.33-2.02)	< 0.0001
	Age, y		1.08 (1.04-1.12)	<0.0001
	Female se	x	1.28 (0.72-2.29)	0.40
	Carotid oc	clusion vs 70%-99% stenosis	1.59 (0.44-5.80)	0.48
	Contralate	eral stenosis ≥70%	0.65 (0.23-1.88)	0.43
	Symptoms	within previous 3 months	2.08 (0.81-5.34)	0.13
	Clinical end	point: ipsilateral stroke or TIA		
	pCi (per 1	0% decrease, continuous values)	1.33 (1.18-1.50)	< 0.0001
	Age, y		1.04 (1.02-1.07)	0.00051
	Female se	x	1.44 (0.93-2.23)	0.102
	Carotid oc	cclusion vs 70%-99% stenosis	0.90 (0.43-1.90)	0.79
	Contralate	eral stenosis ≥70%	0.54 (0.30-0.97)	0.038
	Symptoms	within previous 3 months	3.12 (1.69-5.77)	0.00027

Anesthetic implications



Anesthsia for endovascular procedures



*keep PCO₂ constant and MAP (91 mmHg) constant throughout

Outcome: Same as conscious sedation

GA advantages:

- Neuroprotective effects of reduced CMRO2 with vapors
- Longer arrival to groin puncture...but faster groin puncture to retrieval

(*Henden et al. Stroke. 2017;48:1601-1607)
Summary

To standardize the brain stress test:

We began by standardizing the stimulus...

If it was so easy...others would....

PCO₂



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Clinical progress:

- Definition of normal CVR;
- Can localize *and quantitate* abnormal CVR in a <u>single</u> patient;
- Can follow repeat CVR in *individual* subject to assess:
 - progress of lesions over time
 - result of therapeutic interventions
- *data compatible across centers:
 Establish a database across centers
- Clinical model for assessment and management of risk of stroke



Chief Scientist

Joe.fisher@utoronto.ca



https://bigadventure2016.tumblr.com

Tight co-relation between time course and amplitude of PCO₂ and BOLD

 $\uparrow PCO_2$

PCO₂





FIGURE 4. In this graph, the composite mean arterial PCo_2 (mm Hg) vs time (seconds) during breath-holding from FRC for all eight subjects is shown. Error bars refer to the SEM. The number above each point refers to the number of $PaCO_2$ values used to calculate the mean. The curvilinear line shown is that from equation 2.

E 2. In this graph, the composite mean arterial Po2 (mm Hg) e (seconds) during breath-holding from FRC for all eight ts is shown. Error bars refer to the SEM. The number above xoint refers to the number of PaO2 values (n) used to calcue mean. The curvilinear line shown is that from equation 1.

Sasse et al. Chest 1996; 110: 958 - 64

Tight co-relation between time course and amplitude of PCO₂ and BOLD



 PCO_2







...so how do we know which is normal for THAT location?





Z-map Construction





3. Atlas of subject mean and standard deviation for each corresponding voxel



4. Patient CVR with same standard stimulus as cohort

5. Calculate z score for each voxel

6. Map and color code z scores to anatomical scans creating z-map



CVR: a Brain stress test:

1) How does it work?

2) Making it clinical

Size: matters

Variability of stimulus: -> variability of CVR result

Normalize for anatomical location

Optimize resolution of test-test changes

3) Clinical implications:

Research tool \rightarrow individualized Dx \rightarrow research tool

True test of hemodynamic significance

Test of efficacy of intervention

CREST 2?

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CVR: measuring it right





Δ BOLD

CVR =

 ΔPCO_2





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Model; the heart stress test

Applied to brain



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18 M Dx 'moyamoya'



Δ BOLD

Δ BOLD as a function of PCO₂



--20.0

Δ BOLD

--20.0

0.7

0.2

0

-0.2

-0.7

Δ BOLD as a function of PCO₂



CVR = BOLD normalized for \triangle PCO₂ = \triangle BOLD / \triangle PCO₂



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Normalized between patients Standardized between centers Consistent between tests

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42 year old female with bilateral Moyamoya



How far have we come with z scores?

CVR is:

- Normalized for anatomical location
- Can be normalized for age, sex, [other: e.g., Dx, Rx]

42 year old female with bilateral Moyamoya



How far have we come with z scores?

CVR is:

- Normalized for anatomical location
- Can be normalized for age, sex, [other: e.g., Dx, Rx]
- Is comparable between scanners, institutions, MR sequences, type of CO₂ stress*

* As long as CO₂ (amplitude, pattern), and MR sequence are the <u>same</u> in the 'atlas' and in the test!



Interpretation:

- high specificity for S-I-C-K
- Low sensitivity!
 - <u>No</u> gradation in severity
 - <u>Poor localization</u>

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CREST 2?

Normalized between patients Standardized between centers Consistent between tests

Longitudinal data: Repeat tests in single subject

- Natural history of disease
- Effect of interventions

Test-retest CVR one healthy subject



Sobczyk et al. AJNR Am J Neuroradiol 37:818 –24 May 2016

ID z-map Construction

- 1. Healthy subjects test-retest CVR
- 2. CVR test 2- CVR test 1 for each healthy subject



4. Patient CVR test 2 - CVR test 1

5. Calculate ID z scores

6. Map ID z scores to anatomical scans creating ID zmaps

3. Atlas of healthy subjects mean and standard
56 M with bilateral ICA stenosis and R EC-IC bypass



56 M with bilateral ICA stenosis and R EC-IC bypass





Normalized for anatomical location

Interpretation:

good

- high specificity for S-I-C-K
- Low sensitivity!
 - No gradation in severity
 - **Peor** localization





Patient scan





Patient scan





Patient scan





Patient scan





Patient scan





Patient scan





Patient scan





Patient scan





Patient scan



















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Research tool \rightarrow individualized Dx \rightarrow research tool:

Test of efficacy of intervention

CREST 2?

Implication 1

Assessing risk for stroke:

need a <u>functional</u> test: a trial of recruitment of collateral blood flow*

*MRA is just an <u>anatomical</u> test

amplitude of response

Vs.

speed of response











Poublanc J. et al JCBFM 2015



Poublanc J. et al JCBFM 2015

30 elderly subjects (mean age = 69), NC (n=13), MCI (n=11) or AD (n=6)

Segmentation via Freesurfer)



Conclusion:

AD is associated with a progressive slowing of the cerebrovascular response: a potential biomarker?

37 M with MM disPHx: IVH 13 y agoc/o intermittent hemisensory symptoms and headaches.



- This MRA shows high grade stenosis of:
 - Distal left ICA
 - Proximal left MCA
 - Proximal left ACA
 - Proximal right ACA
- Dilated left PCA



MRA 2015

MRA 2017

How effective are this patient's collaterals?

Will he benefit from pre-op revascularization surgery?

CVR Study



+ 0.7 %/mmHg 0 %/mmHg - 0.7 %/mmHg Thresholded with r = 0.125

Z map CVR– Gray Matter





Z map CVR – White Matter





ASL



























0 mL/100g/min
revascularization vs. reperfusion





Initial CTA – R ICA Occlusion

S



CTA Post R side EC – IC Bypass



Initial BOLD CVR Study



Follow Up BOLD CVR Study (3 months after discharge) 3.92 % Δ/mmHg Δ PETCO₂

0

- 3.92 % Δ/mmHg Δ PETCO₂

White increased signal from stroke areas



Lesson:

Revascularization is <u>not</u> the intervention. Reperfusion is.





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True test of hemodynamic significance

Research tool \rightarrow individualized Dx \rightarrow **DB** research tool

Test of efficacy of intervention

4) Self sufficient research program



Implications for control trials

55	L-ICA occlusion, R-ICA stenosis	1.5	No		
16	Moya Moya	6	Yes		
53	L-ICA stenosis	4	Yes		
26	Moya Moya	8	No		
63	R-ICA occlusion	3	Yes		

CVR study xxxx-

(Report condensed to provide example of analysis)

49 years old

Reason for referral: Moyamoya type phenotype Stroke TIAs

History of present illness:

Right ACA strokes 4 months previous and 1 month previous t study

1 week history of left arm shaking, with left lower and upper extremity weakness

Past medical and surgical history:

- Hypertension
- Diabetes mellitus type 2

Respiract type: Gen III

Stimulus Protocol: STEP (resting pCO₂ + 10 mmHg) + RAMP <u>Resting pCO2: 35mmHg</u> Past CVRs: None

SPGR





SPGR





CBF using 3D-ASL



CVR Ramp (Resting + 10)



Zmap CVR-Ramp+10 (grey matter)





Zmap CVR-Ramp+10 (white matter)









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True test of hemodynamic significance

Test of efficacy of intervention CREST 2?

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- 2) Making it clinical
 - Size: matters
 - Variability of stimulus: -> variability of CVR result
 - Normalize for anatomical location
 - Optimize resolution of test-test changes
- **3)** Clinical implications:
 - Research tool \rightarrow individualized Dx:
 - True test of hemodynamic significance
 - Test of efficacy of intervention
 - CREST 2?



Implications:

This will skew the outcome of CREST 2 & H